

2005 Concordia Cougar T&F Invitational Assignments

©90-96 EZ T&F

Seeding by Kreppert Kompusport Software (630) 553-7245

28
958

Lane Seed Bib# Name • Team

Lane Seed Bib# Name • Team

Womens 3000 Meter Steeplechase Timed-Section

1			
2			
3	12:53.00	21	Fran Sikorski • Aurora
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

Mens 3000 Meter Steeplechase Timed-Section

1	11:33.30	22	Rick Burke • Benedictine
2	12:21.60	24	Chris Check • Benedictine
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

Womens 4x100 Relay Timed-Section Finals - 1

1			
2			
3	1:02.00		Relay Team • Benedictine
4	52.60		Relay Team • Concordia
5	53.84		Relay Team • Aurora
6	NT		Relay Team • Trinity Christian
7			
8			

Mens 4x100 Relay Timed-Section Finals - 1

1			
2			
3	48.20		Relay Team • Concordia
4	43.61		Relay Team • North Park
5	45.17		Relay Team • Benedictine
6	50.00		Relay Team • Benedictine
7			
8			

Womens 1500 Meter Run Timed-Section Finals - 1

1	4:46.66	110	Jenny Ellis • Olivet Nazarene
2	4:58.00	129	Mary Wollgast • St. Francis
3	5:01.09	143	Amy Hoving • Trinity Christian
4	5:07.38	92	Allison Weller • North Park
5	5:08.12	112	Alison Gremer • Olivet Nazarene
6	5:10.18	118	Amanda Knussman • Olivet Nazarene
7	5:20.13	139	Diana Brickman • Trinity Christian
8	5:20.73	140	Carrie Flowers • Trinity Christian
9	5:21.52	142	Sandra Hoekstra • Trinity Christian
10	5:25.28	116	Jennifer Jeffers • Olivet Nazarene
11	5:32.38	91	Kari Thompson • North Park
12	5:32.42	115	Katie Huffman • Olivet Nazarene
13	6:30.00	45	Lauren Sklaney • Benedictine
14	NT	69	Kaitlin Streyle • IL Inst. of Tech
15	NT	68	Amara Ogbonnaya • IL Inst. of Tech
16	NT	65	Natalia Ervin • IL Inst. of Tech
17	NT	67	Melissa Lemons • IL Inst. of Tech
18			

Mens 1500 Meter Run Timed-Section Finals - 1

1	4:11.02	103	Doug Swanson • Olivet Nazarene
2	4:14.25	136	Rich Visser • Trinity Christian
3	4:18.0	51	Tim Wier • Concordia
4	4:39.24	5	Danny Hernandez • Aurora
5	5:04.21	100	Kyle Rago • Olivet Nazarene
6	NT	60	Tom Francescangeli • IL Inst. of Tech
7	NT	59	Ed Aramayo • IL Inst. of Tech
8			
9			
10			
11			
12			
13			
14			
15			
16			

Womens 100 Meter Hurdles Timed-Section Finals -

1			
2	18.90	44	Mandy Semenik • Benedictine
3	17.71	122	Katie Nichols • Olivet Nazarene
4	16.44	125	Natasha Smith • Olivet Nazarene
5	17.00	53	Mary Clausing • Concordia
6	18.17	148	Esther Peters • Trinity Christian
7	19.33	17	Jenn Garlinsky • Aurora
8			

Lane Seed Bib# Name • Team

Lane Seed Bib# Name • Team

Mens 110 Meter Hurdles Timed-Section Finals - 1

1			
2	19.32	3	Austin Deer • Aurora
3	16.25	72	Benj Ecker • North Park
4	15.75	23	Ryan Chartrand • Benedictine
5	16.00	10	Travis Quigley • Aurora
6	17.97	96	John Huffman • Olivet Nazarene
7			
8			

Womens 100 Meter Dash Timed-Section Finals - 2

1	15.00	41	Sara Padalik • Benedictine
2	13.73	15	Osha Bledsoe • Aurora
3	12.90	54	Katrina Kloess • Concordia
4	12.71	117	Sarah Juenger • Olivet Nazarene
5	12.80	58	Chelci Spiegel • Concordia
6	13.51	125	Natasha Smith • Olivet Nazarene
7	13.99	146	Kaitlin Merrow • Trinity Christian
8	15.20	38	Colleen Dickinson • Benedictine

Womens 400 Meter Dash Timed-Section Finals - 1

1	1:13.95	128	Mary Ann Andrade • St. Francis
2	1:05.03	144	Kari McCarthy • Trinity Christian
3	1:04.15	146	Kaitlin Merrow • Trinity Christian
4	1:00.31	123	Tara Pennington • Olivet Nazarene
5	1:03.00	90	Liz Podczaski • North Park
6	1:04.89	20	Natalie Lacaria • Aurora
7	1:06.87	19	Katy Jefferson • Aurora
8			

Mens 100 Meter Dash Timed-Section Finals - 1

1	14.00	46	Ryo Hill • Concordia
2	12.51	33	Dave Roman • Benedictine
3	12.00	27	Damian Kulikowski • Benedictine
4	11.62	94	Kevin Hill • Olivet Nazarene
5	11.78	107	Derrick Wauthier • Olivet Nazarene
6	12.17	35	Justin Trovato • Benedictine
7	13.00	47	Pat McClendon • Concordia
8	NT	154	Howard Grant • Unattached (Trinity Christian)*

Mens 400 Meter Dash Timed-Section Finals - 1

1			
2	1:00.00	31	Jim Noland • Benedictine
3	58.00	52	Matt Ziehr • Concordia
4	54.49	133	Jesse Marlink • Trinity Christian
5	56.02	77	Darius Jones • North Park
6	59.11	30	Eric Morales • Benedictine
7			
8			

Mens 100 Meter Dash Timed-Section Finals - 2

1	11.42	11	Eric Scott • Aurora
2	11.3	48	Milton Moses • Concordia
3	11.20	151	Charles Martin • Unattached (Concordia)*
4	11.17	82	Chris Wada • North Park
5	11.20	4	Mark Heggen • Aurora
6	11.28	75	Josh Gruenewald • North Park
7	11.32	70	Dante Britten • North Park
8	11.48	29	Jason McLaughlin • Benedictine

Mens 400 Meter Dash Timed-Section Finals - 2

1	54.0	150	Joel Dreesen • Unattached (Concordia)*
2	52.69	12	Aaron Smith • Aurora
3	51.50	49	Andrew Tirmenstein • Concordia
4	50.14	102	Alvin Smith • Olivet Nazarene
5	51.07	101	Brian Robbins • Olivet Nazarene
6	52.54	10	Travis Quigley • Aurora
7	53.78	1	Nick Aloisio • Aurora
8	54.23	134	Scott Nuismer • Trinity Christian

Womens 800 Meter Run Timed-Section Finals - 1

1	2:26.44	143	Amy Hoving • Trinity Christian
2	2:35.0	69	Kaitlin Streyle • IL Inst. of Tech
3	2:49.43	147	Rachel Ooms • Trinity Christian
4			
5	2:24.92	121	Dina Nacey • Olivet Nazarene
6	2:35.0	68	Amara Ogbonnaya • IL Inst. of Tech
7	2:48.89	88	Bree McLuen • North Park
8			
9	2:19.91	114	Cheri Hoffmann • Olivet Nazarene
10	2:32.46	86	Becky Gritter • North Park
11	2:36.76	115	Katie Huffman • Olivet Nazarene
12			
13	2:17.00	129	Mary Wollgast • St. Francis
14	2:31.56	139	Diana Brickman • Trinity Christian
15	2:35.00	137	Ashley Afman • Trinity Christian
16	NT	66	Christie Ferraro • IL Inst. of Tech

Womens 100 Meter Dash Timed-Section Finals - 1

1			
2	NT	148	Esther Peters • Trinity Christian
3	17.00	39	Andrea Howard • Benedictine
4	15.25	42	Elaine Pankowski • Benedictine
5	15.50	127	Prospal Amy • St. Francis
6	NT	64	Shan Colletti • IL Inst. of Tech
7			
8			

Lane	Seed	Bib#	Name • Team
Mens 800 Meter Run Timed-Section Finals - 1			
1	2:02.54	1	Nick Aloisio • Aurora
2	2:05.68	2	Scott Anderson • Aurora
3	2:15.37	135	Jeremy Oosterhouse • Trinity Christian
4	2:43.0	71	Matt Cappetta • North Park
5	2:01.6	76	Luke Johnson • North Park
6	2:05.56	103	Doug Swanson • Olivet Nazarene
7	2:13.0	81	Adam Taylor • North Park
8	2:40.8	74	Weston Gleffe • North Park
9	2:01.6	80	Marcus Simmons • North Park
10	2:05.25	136	Rich Visser • Trinity Christian
11	2:09.00	79	Erik Shearer • North Park
12	2:33.61	73	Don Fancher • North Park
13	NT	60	Tom Francescangeli • IL Inst. of Tech
14	1:59.22	105	Jon Thompson • Olivet Nazarene
15	2:03.48	6	David Mathew • Aurora
16	2:06.53	5	Danny Hernandez • Aurora
17	2:23.49	132	Paul Jansma • Trinity Christian
18	NT	59	Ed Aramayo • IL Inst. of Tech

Womens 400 Meter Hurdles Timed-Section Finals -

1	1:20.02	91	Kari Thompson • North Park
2	1:15.76	122	Katie Nichols • Olivet Nazarene
3	1:14.00	57	Michelle Prieboy • Concordia
4	1:13.14	148	Esther Peters • Trinity Christian
5	1:13.79	20	Natalie Lacaria • Aurora
6	1:15.34	142	Sandra Hoekstra • Trinity Christian
7	1:19.0	44	Mandy Semenik • Benedictine
8			

Mens 400 Meter Hurdles Timed-Section Finals - 1

1			
2			
3	1:10.00	25	Marvin Covington • Benedictine
4	57.78	72	Benj Ecker • North Park
5	1:03.50	130	Ryan Bruxvoort • Trinity Christian
6			
7			
8			

Womens 200 Meter Dash Timed-Section Finals - 1

1			
2	NT	64	Shan Colletti • IL Inst. of Tech
3	34.00	38	Colleen Dickinson • Benedictine
4	32.43	128	Mary Ann Andrade • St. Francis
5	34.00	42	Elaine Pankowski • Benedictine
6	35.00	39	Andrea Howard • Benedictine
7			
8			

Womens 200 Meter Dash Timed-Section Finals - 2

1	29.00	85	Donna Domingo • North Park
2	28.72	144	Kari McCarthy • Trinity Christian
3	26.90	54	Katrina Kloess • Concordia
4	26.31	117	Sarah Juenger • Olivet Nazarene
5	26.40	58	Chelci Spiegel • Concordia
6	28.46	146	Kaitlin Merrow • Trinity Christian
7	28.97	15	Osha Bledsoe • Aurora
8	31.00	41	Sara Padalik • Benedictine

Mens 200 Meter Dash Timed-Section Finals - 1

1			
2			
3	26.51	30	Eric Morales • Benedictine
4	25.44	81	Adam Taylor • North Park
5	25.46	134	Scott Nuismer • Trinity Christian
6			
7			
8			

Mens 200 Meter Dash Timed-Section Finals - 2

1	25.10	52	Matt Ziehr • Concordia
2	24.41	29	Jason McLaughlin • Benedictine
3	24.27	12	Aaron Smith • Aurora
4	23.99	75	Josh Gruenewald • North Park
5	24.26	133	Jesse Marlink • Trinity Christian
6	24.41	107	Derrick Wauthier • Olivet Nazarene
7	24.52	77	Darius Jones • North Park
8	25.34	35	Justin Trovato • Benedictine

Mens 200 Meter Dash Timed-Section Finals - 3

1	23.87	94	Kevin Hill • Olivet Nazarene
2	23.60	50	DaWaun Wells • Concordia
3	23.33	82	Chris Wada • North Park
4	22.48	4	Mark Heggen • Aurora
5	23.28	11	Eric Scott • Aurora
6	23.50	48	Milton Moses • Concordia
7	23.8	150	Joel Dreessen • Unattached (Concordia)*
8	23.92	95	Mark Hollis • Olivet Nazarene

Womens 5000 Meter Run Timed-Section Finals - 1

1			
2			
3			
4			
5			
6			
7	18:53.06	108	Erica Batkiewicz • Olivet Nazarene
8	21:00.0	87	Karen Hernandez • North Park
9	21:04.00	140	Carrie Flowers • Trinity Christian
10	21:30.00	137	Ashley Afman • Trinity Christian
11	NT	65	Natalia Ervin • IL Inst. of Tech
12			
13			
14			
15			
16			

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
------	------	------	-------------	------	------	------	-------------

Mens 5000 Meter Run Timed-Section Finals - 1

1	15:55.0	51	Tim Wier • Concordia
2	16:10.0	153	Steven Bugarin • Unattached (St. Xavier)*
3	17:45.00	36	Joe Zeffiro • Benedictine
4	NT	63	Dan Oh • IL Inst. of Tech
5	NT	61	Nate Gates • IL Inst. of Tech
6	NT	62	Tom Montgomery • IL Inst. of Tech
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

Womens 4x400m Relay Timed-Section Finals - 1

1			
2			
3	NT		Relay Team • IL Inst. of Tech
4	4:36.67		Relay Team • Olivet Nazarene
5	4:40.00		Relay Team • Trinity Christian
6			
7			
8			

Womens 4x400m Relay Timed-Section Finals - 2

1			
2	4:29.00		Relay Team • Concordia
3	4:26.41		Relay Team • Olivet Nazarene
4	4:06.04		Relay Team • Olivet Nazarene
5	4:21.84		Relay Team • Trinity Christian
6	4:27.91		Relay Team • Aurora
7	4:30.00		Relay Team • North Park
8			

Mens 4x400m Relay Timed-Section Finals - 1

1	4:30.48		Relay Team • North Park
2	3:42.30		Relay Team • Olivet Nazarene
3	3:38.00		Relay Team • Concordia
4	3:26.05		Relay Team • Olivet Nazarene
5	3:29.58		Relay Team • Aurora
6	3:40.93		Relay Team • Trinity Christian
7	4:10.00		Relay Team • Benedictine
8	4:45.00		Relay Team • North Park

Womens Long Jump - 1

1	3.81m	38	Colleen Dickinson • Benedictine
2	3.85m	89	Amy Peters • North Park
3	4.10m	21	Fran Sikorski • Aurora
4	4.15m	44	Mandy Semenik • Benedictine
5	4.33m	85	Donna Domingo • North Park
6	4.57m	146	Kaitlin Mellow • Trinity Christian
7	4.66m	17	Jenn Garlinsky • Aurora
8	4.90m	55	Alisia Marquez • Concordia
9	5.24m	90	Liz Podczaski • North Park

Mens Long Jump - 1

1	5.47m	8	John Oakley • Aurora
2	5.49m	7	Pierre Nealon • Aurora
3	5.63m	31	Jim Noland • Benedictine
4	5.78m	107	Derrick Wauthier • Olivet Nazarene
5	6.07m	13	Matt Waite • Aurora
6	6.08m	83	Joel Ylagan • North Park
7	6.32m	70	Dante Britten • North Park
8	6.50m	48	Milton Moses • Concordia
9	6.50m	150	Joel Dreessen • Unattached (Concordia)*
10	6.65m	23	Ryan Chartrand • Benedictine
11	6.68m	50	DaWaun Wells • Concordia
12	6.73m	154	Howard Grant • Unattached (Trinity Christian)*

Womens Triple Jump - 1

1	ND	142	Sandra Hoekstra • Trinity Christian
2	09.48m	19	Katy Jefferson • Aurora
3	09.60m	55	Alisia Marquez • Concordia
4	09.90m	56	Jessica Nahnsen • Concordia
5	09.95m	53	Mary Clausing • Concordia
6	11.30m	84	Lucia Abel • North Park

Mens Triple Jump - 1

1	ND	25	Marvin Covington • Benedictine
2	12.01m	7	Pierre Nealon • Aurora
3	12.66m	13	Matt Waite • Aurora
4	12.90m	49	Andrew Tirmenstein • Concordia

Womens Shot Put - 1

1	08.05m	14	Maureen Bennett • Aurora
2	08.52m	141	Kindra Glashower • Trinity Christian
3	08.87m	18	Jessie Gonzalez • Aurora
4	09.14m	44	Mandy Semenik • Benedictine
5	09.14m	40	Stephanie Koss • Benedictine
6	09.17m	149	Crystal Weidenaar • Trinity Christian
7	09.44m	43	Cassie Pastion • Benedictine
8	10.06m	138	Kathleen Boeringa • Trinity Christian
9	10.20m	53	Mary Clausing • Concordia
10	10.50m	57	Michelle Priebob • Concordia
11	10.86m	16	Julia Eggert • Aurora
12	11.89m	145	Jomyla McKinnie • Trinity Christian

2005 Concordia Cougar T&F Invitational

Page 5

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Mens Shot Put - 1				Womens Javelin - 1			
1	08.75m	26	Kaartheek Gumidyala • Benedictine	1	ND	89	Amy Peters • North Park
2	09.56m	3	Austin Deer • Aurora	2	ND	145	Jomyla McKinnie • Trinity Christian
3	09.89m	71	Matt Cappetta • North Park	3	18.28m	40	Stephanie Koss • Benedictine
4	10.26m	9	Keith Phelan • Aurora	4	19.68m	138	Kathleen Boeringa • Trinity Christian
5	10.59m	34	Pete Sgarbossa • Benedictine	5	21.00m	141	Kindra Glashower • Trinity Christian
6	11.43m	28	Mike MacPhee • Benedictine	6	21.92m	149	Crystal Weidenaar • Trinity Christian
7	12.75m	78	Shane Petrelli • North Park	7	22.48m	139	Diana Brickman • Trinity Christian
8	13.00m	47	Pat McClendon • Concordia	8	24.99m	90	Liz Podczaski • North Park
9	13.01m	131	Thomas Donovan • Trinity Christian	9	30.00m	53	Mary Clausing • Concordia
10	13.40m	46	Ryo Hill • Concordia	10	31.00m	56	Jessica Nahnsen • Concordia
11	14.71m	106	Mark Tolemy • Olivet Nazarene	11	31.01m	16	Julia Eggert • Aurora
12	14.84m	104	Aaron Tagert • Olivet Nazarene	12	31.32m	17	Jenn Garlinsky • Aurora
13	15.73m	93	Josh Franklin • Olivet Nazarene	13	31.57m	18	Jessie Gonzalez • Aurora
Womens Discus - 1				14	32.00m	57	Michelle Prieboy • Concordia
1	18.28m	43	Cassie Pastion • Benedictine	15	32.48m	44	Mandy Semenik • Benedictine
2	18.80m	18	Jessie Gonzalez • Aurora	16	32.69m	41	Sara Padalik • Benedictine
3	23.01m	40	Stephanie Koss • Benedictine	17	37.00m	84	Lucia Abel • North Park
4	23.35m	89	Amy Peters • North Park	Mens Javelin - 1			
5	25.00m	37	Megan Craig • Benedictine	1	13.23m	154	Howard Grant • Unattached (Trinity Christian)*
6	26.96m	14	Maureen Bennett • Aurora	2	27.40m	26	Kaartheek Gumidyala • Benedictine
7	28.62m	149	Crystal Weidenaar • Trinity Christian	3	32.38m	9	Keith Phelan • Aurora
8	34.59m	145	Jomyla McKinnie • Trinity Christian	4	34.24m	135	Jeremy Oosterhouse • Trinity Christian
9	35.03m	16	Julia Eggert • Aurora	5	35.00m	47	Pat McClendon • Concordia
Mens Discus - 1				6	36.00m	46	Ryo Hill • Concordia
1	18.28m	32	Joe Rizza • Benedictine	7	36.67m	131	Thomas Donovan • Trinity Christian
2	22.56m	2	Scott Anderson • Aurora	8	41.97m	28	Mike MacPhee • Benedictine
3	25.31m	26	Kaartheek Gumidyala • Benedictine	9	43.50m	97	Matt Kelling • Olivet Nazarene
4	25.72m	3	Austin Deer • Aurora	10	45.76m	12	Aaron Smith • Aurora
5	27.45m	9	Keith Phelan • Aurora	Womens High Jump - 1			
6	28.78m	34	Pete Sgarbossa • Benedictine	1	1.22m	44	Mandy Semenik • Benedictine
7	31.19m	131	Thomas Donovan • Trinity Christian	2	1.23m	21	Fran Sikorski • Aurora
8	31.25m	78	Shane Petrelli • North Park	3	1.32m	19	Katy Jefferson • Aurora
9	31.61m	71	Matt Cappetta • North Park	4	1.52m	56	Jessica Nahnsen • Concordia
10	33.50m	46	Ryo Hill • Concordia	Mens High Jump - 1			
11	34.43m	28	Mike MacPhee • Benedictine	1	1.62m	31	Jim Noland • Benedictine
12	34.50m	47	Pat McClendon • Concordia	2	1.67m	130	Ryan Bruxvoort • Trinity Christian
13	35.03m	96	John Huffman • Olivet Nazarene	3	1.80m	150	Joel Dreessen • Unattached (Concordia)*
14	35.25m	93	Josh Franklin • Olivet Nazarene	4	1.91m	99	Justin Meents • Olivet Nazarene
15	41.31m	106	Mark Tolemy • Olivet Nazarene	5	1.93m	8	John Oakley • Aurora
16	43.57m	97	Matt Kelling • Olivet Nazarene	6	1.98m	50	DaWaun Wells • Concordia
17	44.92m	104	Aaron Tagert • Olivet Nazarene	Womens Pole Vault - 1			
				1	3.20m	152	Tiffany Jankus • Unattached (Olivet Nazarene)*

2005 Concordia Cougar T&F Invitational

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
------	------	------	-------------	------	------	------	-------------

Mens Pole Vault - 1

1	3.00m	10	Travis Quigley • Aurora
2	3.20m	3	Austin Deer • Aurora
3	3.96m	98	Morgan Manogue • Olivet Nazarene
4	3.96m	96	John Huffman • Olivet Nazarene
5	4.11m	99	Justin Meents • Olivet Nazarene
6	4.72m	95	Mark Hollis • Olivet Nazarene