

2010 Lutheran Sports Association State T&F Championships Assignments

EZ T&F 1990-2006

Seeding by Kreppert Kompusport Software (630) 882-2364

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Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
101: Girls 4x100 Relay Prelims - 1				Girls 400 Meter Dash Prelims - 2			
1	1:00.89		Relay Team • Marengo (Zion)	1	1:10.93	208	Lauren Cropsy • Crystal Lake (Immanuel)
2	59.35		Relay Team • Schaumburg (St. Peter)	2	1:09.88	183	Faith Roberts • Chicago (Holy Family)
3	58.19		Relay Team • Naperville (Bethany)	3	1:08.0	254	Rebecca Gahgan • Hawthorn Woods (St. Matthew)
4	55.0		Relay Team • Yorkville (Cross)	4	1:05.90	131	Chelsea Hill • Belleville (Zion)
5	58.02		Relay Team • Morton (Bethel)	5	1:06.0	419	Kelsey Leedy • Yorkville (Cross)
6	59.21		Relay Team • Palatine (Immanuel)	6	1:09.00	211	Casey Laktas • Crystal Lake (Immanuel)
7	1:00.7		Relay Team • Chicago (St. Paul)	7	1:10.66	210	Jessy Helm • Crystal Lake (Immanuel)
8				8			
Girls 4x100 Relay Prelims - 2				Girls 400 Meter Dash Prelims - 3			
1				1	1:11.0	242	Sarah Scheflow • Elgin (St. John's)
2	59.5		Relay Team • Centralia (Trinity)	2	1:09.9	147	Andrea Whitehouse • Belvidere (Immanuel)
3	58.20		Relay Team • River Forest (Grace)	3	1:08.0	152	Hannah Niemeier • Bethalto (Zion)
4	55.87		Relay Team • Peoria (Christ)	4	1:05.92	259	Hannah Rueter • Hoffman (Trinity)
5	58.0		Relay Team • Arlington Heights (St. Peter)	5	1:06.0	150	Jennifer Guetersloh • Bethalto (Zion)
6	59.11		Relay Team • Wheaton (St. John)	6	1:08.4	237	Dakota Judson • Elgin (St. John's)
7	1:00.66		Relay Team • Belvidere (Immanuel)	7	1:10.0	239	Emilee Mitchell • Elgin (St. John's)
8				8			
Girls 4x100 Relay Prelims - 3				103: Girls 100 Meter Dash Prelims - 1			
1				1	14.4	352	Jessica Otten • Red Bud (Trinity)
2	59.59		Relay Team • Steeleville (St. Mark's)	2	14.2	216	Jaelyn Fluker • Decatur Lutheran
3	58.3		Relay Team • Crystal Lake (Immanuel)	3	13.92	193	Lydia White • Chicago (St. Paul)
4	55.88		Relay Team • Belleville (Zion)	4	13.06	183	Faith Roberts • Chicago (Holy Family)
5	57.78		Relay Team • Tinley Park (Trinity)	5	13.92	251	Chasitee Shroyer • Freeport (Immanuel)
6	58.9		Relay Team • Roselle (Trinity)	6	14.19	214	Sophie Brown • Decatur Lutheran
7	1:00.6		Relay Team • Champaign (St. John)	7	14.37	198	Meredith Huffman • Collinsville (Good Shepherd)
8				8			
Girls 4x100 Relay Prelims - 4				Girls 100 Meter Dash Prelims - 2			
1				1	14.4	331	Alyssa Matej • Park Ridge (St. Andrew's)
2	59.8		Relay Team • Decatur Lutheran	2	14.2	341	Tara Keenan • Peoria (Concordia)
3	58.62		Relay Team • Collinsville (Good Shepherd)	3	13.93	269	Brooklyn Hermes • Lincoln (Zion)
4	56.59		Relay Team • Elmhurst (Immanuel)	4	13.12	391	Chaela Krueger • Springfield (Trinity)
5	56.72		Relay Team • Bloomington (Trinity)	5	13.90	335	Crishawna Nash • Peoria (Christ)
6	58.75		Relay Team • Peoria (Concordia)	6	14.19	395	Mackenzie Doeding • Steeleville (St. Mark's)
7	1:00.43		Relay Team • Chicago (Pilgrim)	7	14.35	130	Alexis Hardin • Belleville (Zion)
8				8			
102: Girls 400 Meter Dash Prelims - 1							
1	1:10.91	413	Abbie Watts • Wheaton (St. John)				
2	1:09.17	137	Jade Sanlin • Belleville (Zion)				
3	1:07.0	151	Jenna Gwaltney • Bethalto (Zion)				
4	1:04.2	324	Destiny Metyk • Palatine (Immanuel)				
5	1:06.01	132	Jordyn Johnson • Belleville (Zion)				
6	1:09.10	123	Becca Wert • Batavia (Immanuel)				
7	1:10.9	241	Alyse Nagel • Elgin (St. John's)				
8							

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Girls 100 Meter Dash Prelims - 3				Girls 100 Meter Dash Prelims - 7			
1	14.40	358	Lauren Wilkes • River Forest (Grace)	1	14.44	145	Alexia Stephens • Belvidere (Immanuel)
2	14.2	110	Megan Kuerschner • Arlington Heights (St. Peter)	2	14.20	356	Myla Cook • River Forest (Grace)
3	13.93	309	Katelynn Kuehl • Naperville (Bethany)	3	14.0	289	Casey Brunton • Morton (Bethel)
4	13.22	262	Nessa Enokian • La Grange (St. John's)	4	13.75	279	Taylor Carlson • Marengo (Zion)
5	13.9	417	Audrey Hoving • Yorkville (Cross)	5	13.8	102	Rachel Fredrick • Arlington Heights (St. Peter)
6	14.19	201	Ashley Osuma • Collinsville (Good Shepherd)	6	14.08	205	Madeline Seitz • Collinsville (Good Shepherd)
7	14.34	233	Marie Beatty • Edwardsville (Trinity)	7	14.26	252	Ashley Simmons • Freeport (Immanuel)
8				8	14.5	236	Chrissie Humes • Elgin (St. John's)
Girls 100 Meter Dash Prelims - 4				Girls 100 Meter Dash Prelims - 8			
1	14.41	206	Abby Wicklein • Collinsville (Good Shepherd)	1	14.45	180	Elisha Washington • Champaign (St. John)
2	14.2	378	Lindsey Troyke • Roselle (Trinity)	2	14.20	355	Chirstina Braxton • River Forest (Grace)
3	13.97	151	Jenna Gwaltney • Bethalto (Zion)	3	14.0	237	Dakota Judson • Elgin (St. John's)
4	13.52	324	Destiny Metyk • Palatine (Immanuel)	4	13.75	404	Sarah Herold • Tinley Park (Trinity)
5	13.9	119	Randi Balgeman • Batavia (Immanuel)	5	13.8	373	Emmy Burris • Roselle (Trinity)
6	14.10	139	Peyton Seibel • Belleville (Zion)	6	14.06	359	Rachel Bunger • Rochelle (St. Paul)
7	14.3	424	Rebecca Taylor • Yorkville (Cross)	7	14.25	288	Brandi Bisping • Morton (Bethel)
8				8	14.5	333	Kamryn Carter • Peoria (Christ)
Girls 100 Meter Dash Prelims - 5				Girls 100 Meter Dash Prelims - 9			
1	14.42	117	Corina Diaz • Aurora (St. Paul's)	1	14.45	267	Kathryn Arneaud • Lincoln (Zion)
2	14.2	235	Erin Duffer • Elgin (St. John's)	2	14.21	357	Lauren Estelle • River Forest (Grace)
3	14.0	113	Paige Pawlis • Arlington Heights (St. Peter)	3	14.0	210	Jessy Helm • Crystal Lake (Immanuel)
4	13.68	363	Brittany Smith • Rockford (St. Paul)	4	13.77	184	Gabrielle Fabre • Chicago (Pilgrim)
5	13.9	155	Tavish Garza • Bloomington (Trinity)	5	13.79	276	Grace Pope • Lombard (St. John)
6	14.1	342	Emily McCuiston • Peoria (Concordia)	6	14.03	361	Arianna Martin • Rockford (St. Paul)
7	14.3	231	Sarah Wilkerson • Decatur Lutheran	7	14.24	150	Jennifer Guetersloh • Bethalto (Zion)
8	14.5	347	Savannah Cowell • Red Bud (St. John)	8	14.49	268	Alysa Cox • Lincoln (Zion)
Girls 100 Meter Dash Prelims - 6				104: Girls 4x200 Relay Prelims - 1			
1	14.42	194	Rachel Arkema • Chicago (St. Philip)	1	2:09.72		Relay Team • Belvidere (Immanuel)
2	14.20	353	Jade Alonso • River Forest (Grace)	2	2:06.0		Relay Team • Arlington Heights (St. Peter)
3	14.0	209	Katie Green • Crystal Lake (Immanuel)	3	2:03.9		Relay Team • Bloomington (Trinity)
4	13.71	334	Erin Hayes • Peoria (Christ)	4	1:56.36		Relay Team • Belleville (Zion)
5	13.87	186	Elizabeth O'Connor • Chicago (Pilgrim)	5	2:03.40		Relay Team • Collinsville (Good Shepherd)
6	14.1	248	Lakonka Collins • Freeport (Immanuel)	6	2:06.0		Relay Team • Centralia (Trinity)
7	14.27	190	Ariel Allen • Chicago (St. Paul)	7	2:09.7		Relay Team • Champaign (St. John)
8	14.5	332	Jessica Ware • Park Ridge (St. Andrew's)	8			
				Girls 4x200 Relay Prelims - 2			
				1	2:10.00		Relay Team • Red Bud (St. John)
				2	2:07.30		Relay Team • Hoffman (Trinity)
				3	2:04.94		Relay Team • Naperville (Bethany)
				4	1:57.0		Relay Team • Yorkville (Cross)
				5	2:03.0		Relay Team • Morton (Bethel)
				6	2:05.4		Relay Team • Freeport (Immanuel)
				7	2:09.16		Relay Team • Batavia (Immanuel)
				8			

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Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Girls 4x200 Relay Prelims - 3							
1							
2	2:08.0		Relay Team • Elgin (St. John's)	1	30.81	251	Chasitee Shroyer • Freeport (Immanuel)
3	2:05.0		Relay Team • River Forest (Grace)	2	30.2	222	Ellie Paz • Decatur Lutheran
4	1:58.91		Relay Team • Peoria (Christ)	3	29.56	128	Lindsey Frohbieter • Belleville (Zion)
5	2:02.0		Relay Team • Decatur Lutheran	4	27.99	193	Lydia White • Chicago (St. Paul)
6	2:05.2		Relay Team • Roselle (Trinity)	5	29.50	417	Audrey Hoving • Yorkville (Cross)
7	2:08.5		Relay Team • Crystal Lake (Immanuel)	6	30.2	181	Kate Young • Champaign (St. John)
8				7	30.8	267	Kathryn Arneaud • Lincoln (Zion)
105: Girls 800 Meter Run Prelims - 1							
4 (11)	2:43.33	311	Meredyth Staunch • Naperville (Bethany)	1	30.9	214	Sophie Brown • Decatur Lutheran
8 (12)	2:50.43	234	Audrey Pailz • Edwardsville (Trinity)	2	30.29	331	Alyssa Matej • Park Ridge (St. Andrew's)
12 (13)	2:54.20	368	Jordan Stewart • Rockford Lutheran	3	29.64	184	Gabrielle Fabre • Chicago (Pilgrim)
16 (14)				4	28.28	336	Tashawna Nash • Peoria (Christ)
3 (21)	2:40.96	139	Peyton Seibel • Belleville (Zion)	5	29.45	150	Jennifer Guetersloh • Bethalto (Zion)
7 (22)	2:46.0	106	Rachel Henk • Arlington Heights (St. Peter)	6	30.15	405	Alexandra Lambros • Tinley Park (Trinity)
11 (23)	2:53.86	121	Brionna Minx • Batavia (Immanuel)	7	30.8	113	Paige Pawlis • Arlington Heights (St. Peter)
15 (24)				8	31.4	145	Alexia Stephens • Belvidere (Immanuel)
2 (31)	2:38.00	262	Nessa Enokian • La Grange (St. John's)				
6 (32)	2:46.0	386	Jaelin Heavisides • Springfield (Our Savior's)	Girls 200 Meter Dash Prelims - 3			
10 (33)	2:53.7	163	Gracyn Paul • Bloomington (Trinity)	1	30.9	164	Madison Propersi • Bloomington (Trinity)
14 (34)				2	30.50	353	Jade Alonso • River Forest (Grace)
1 (41)	2:34.56	285	Allie Sprague • Marengo (Zion)	3	29.7	237	Dakota Judson • Elgin (St. John's)
5 (42)	2:44.0	420	Olivia Ming • Yorkville (Cross)	4	28.3	156	Imani Gilbert • Bloomington (Trinity)
9 (43)	2:51.8	290	Lexie Collins • Morton (Bethel)	5	29.38	252	Ashley Simmons • Freeport (Immanuel)
13 (44)	2:54.97	124	Emily Althoff • Belleville (Zion)	6	30.10	366	Rachel Milani • Rockford Lutheran
Girls 800 Meter Run Prelims - 2				7	30.8	170	Alexia Barr • Centralia (Trinity)
4 (11)	2:43.09	123	Becca Wert • Batavia (Immanuel)	8	31.00	240	Maurisa Mounger • Elgin (St. John's)
8 (12)	2:50.0	101	Rachel Erdmann • Arlington Heights (St. Peter)				
12 (13)	2:54.0	153	Karly Schley • Bethalto (Zion)	Girls 200 Meter Dash Prelims - 4			
16 (14)				1	30.9	175	Rachael Lape • Centralia (Trinity)
3 (21)	2:41.41	283	Catherine Meyn • Marengo (Zion)	2	30.55	246	Emily Vierow • Elmhurst (Immanuel)
7 (22)	2:50.0	390	Carrie Rolf • Springfield (Our Savior's)	3	29.7	235	Erin Duffer • Elgin (St. John's)
11 (23)	2:54.0	256	Sabrina Maschhoff • Hoffman (Trinity)	4	28.5	210	Jessy Helm • Crystal Lake (Immanuel)
15 (24)				5	29.16	131	Chelsea Hill • Belleville (Zion)
2 (31)	2:36.21	284	Alexis Olson • Marengo (Zion)	6	30.10	356	Myla Cook • River Forest (Grace)
6 (32)	2:46.0	259	Hannah Rueter • Hoffman (Trinity)	7	30.78	185	Elizabeth Howaniec • Chicago (Pilgrim)
10 (33)	2:53.24	367	Alexa Sikora • Rockford Lutheran	8	31.0	332	Jessica Ware • Park Ridge (St. Andrew's)
14 (34)							
1 (41)	2:35.0	414	Skyler Bollinger • Yorkville (Cross)				
5 (42)	2:46.0	310	Nicole Roberts • Naperville (Bethany)				
9 (43)	2:52.1	155	Tavish Garza • Bloomington (Trinity)				
13 (44)	2:55.0	384	Jacqui Eck • Springfield (Our Savior's)				

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Girls 200 Meter Dash Prelims - 5				107: Girls 4x400m Relay Prelims - 1			
1	30.90	397	Sara Potter • Steeleville (St. Mark's)	1	5:08.0		Relay Team • Springfield (Our Savior's)
2	30.58	302	Sarah Willie • Mount Prospect (St. Paul)	2	5:05.0		Relay Team • Decatur Lutheran
3	29.8	208	Lauren Cropsey • Crystal Lake (Immanuel)	3	4:50.3		Relay Team • Palatine (Immanuel)
4	28.50	416	Jessica Hetzel • Yorkville (Cross)	4	4:38.61		Relay Team • Belleville (Zion)
5	29.16	258	Brie Paulsmeyer • Hoffman (Trinity)	5	4:45.11		Relay Team • Naperville (Bethany)
6	30.09	199	Courtney Luber • Collinsville (Good Shepherd)	6	4:51.57		Relay Team • Peoria (Christ)
7	30.78	136	Sydnee Sachtleben • Belleville (Zion)	7	5:05.0		Relay Team • Arlington Heights (St. Peter)
8	31.0	415	Chavonn Gette • Yorkville (Cross)	8	5:08.5		Relay Team • Freeport (Immanuel)
Girls 200 Meter Dash Prelims - 6				Girls 4x400m Relay Prelims - 2			
1	30.97	418	Mackenzie Lee • Yorkville (Cross)	1	5:07.50		Relay Team • Batavia (Immanuel)
2	30.6	239	Emilee Mitchell • Elgin (St. John's)	2	5:04.0		Relay Team • Bloomington (Trinity)
3	29.84	298	Rachael Meyer • Morton (Bethel)	3	4:47.0		Relay Team • Yorkville (Cross)
4	28.53	324	Destiny Metyk • Palatine (Immanuel)	4	4:35.0		Relay Team • Bethalto (Zion)
5	29.16	279	Taylor Carlson • Marengo (Zion)	5	4:46.61		Relay Team • Marengo (Zion)
6	30.03	395	Mackenzie Doeding • Steeleville (St. Mark's)	6	5:01.66		Relay Team • Belvidere (Immanuel)
7	30.77	195	C'Anndra Burks • Chicago (St. Philip)	7	5:07.4		Relay Team • La Grange (St. John's)
8	31.0	242	Sarah Schefflow • Elgin (St. John's)	8			
Girls 200 Meter Dash Prelims - 7				108: Girls 100 Meter Hurdles Prelims - 1			
1	30.99	206	Abby Wicklein • Collinsville (Good Shepherd)	1	20.44	339	Marleigh Agner • Peoria (Concordia)
2	30.69	205	Madeline Seitz • Collinsville (Good Shepherd)	2	20.01	368	Jordan Stewart • Rockford Lutheran
3	29.84	301	Mary Swackhamer • Mount Prospect (St. Paul)	3	19.00	314	Olivia Anton • Norwood Park (St. Paul)
4	29.0	383	Jordan Cowles • Springfield (Our Savior's)	4	16.22	152	Hannah Niemeier • Bethalto (Zion)
5	29.15	337	Kennedy Netters • Peoria (Christ)	5	18.91	189	Allison Zanders • Chicago (St. John)
6	30.0	102	Rachel Fredrick • Arlington Heights (St. Peter)	6	20.0	209	Katie Green • Crystal Lake (Immanuel)
7	30.76	125	Rebecca Althoff • Belleville (Zion)	7	20.43	399	Aubrie Spinka • Steeleville (St. Mark's)
8	31.0	358	Lauren Wilkes • River Forest (Grace)	8			
Girls 200 Meter Dash Prelims - 8				Girls 100 Meter Hurdles Prelims - 2			
1	30.99	307	Emily Krachenfels • Naperville (Bethany)	1	20.47	380	Madison Laramie • Schaumburg (St. Peter)
2	30.7	294	Madison Glatz • Morton (Bethel)	2	20.1	316	Katie Conklin • Palatine (Immanuel)
3	29.9	342	Emily McCuistion • Peoria (Concordia)	3	19.07	126	Abby Anderson • Belleville (Zion)
4	29.03	248	Lakonka Collins • Freeport (Immanuel)	4	17.26	130	Alexis Hardin • Belleville (Zion)
5	29.06	147	Andrea Whitehouse • Belvidere (Immanuel)	5	18.9	107	Kristen Jackson • Arlington Heights (St. Peter)
6	29.97	247	Lindsey Vierow • Elmhurst (Immanuel)	6	20.0	412	Bea Nottke • Wheaton (St. John)
7	30.71	204	Sarah Scrum • Collinsville (Good Shepherd)	7	20.42	290	Lexie Collins • Morton (Bethel)
8	31.0	398	Morgan Simpson • Steeleville (St. Mark's)	8			
				Girls 100 Meter Hurdles Prelims - 3			
				1	20.48	114	Stephanie Rudi • Arlington Heights (St. Peter)
				2	20.1	225	Haley Salefski • Decatur Lutheran
				3	19.1	167	Emma Stroyan • Bloomington (Trinity)
				4	17.65	411	Grace Krentz • Wheaton (St. John)
				5	18.9	302	Sarah Willie • Mount Prospect (St. Paul)
				6	20.0	108	Kelly Jordan • Arlington Heights (St. Peter)
				7	20.40	234	Audrey Pailz • Edwardsville (Trinity)
				8			

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team
Girls 100 Meter Hurdles Prelims - 4			
1	20.49	303	Sarah Bergrud • Naperville (Bethany)
2	20.1	376	Rachel Pudell • Roselle (Trinity)
3	19.14	393	Kasey Harvey • Staunton (Zion)
4	17.90	109	Samantha Kay • Arlington Heights (St. Peter)
5	18.83	328	Eugenia Shin • Palatine (Immanuel)
6	19.89	394	Molly Margaritis • Staunton (Zion)
7	20.38	233	Marie Beatty • Edwardsville (Trinity)

8			
Girls 100 Meter Hurdles Prelims - 5			
1	20.5	165	Charlea Schueler • Bloomington (Trinity)
2	20.16	353	Jade Alonso • River Forest (Grace)
3	19.2	105	Amy Harrison • Arlington Heights (St. Peter)
4	18.06	258	Brie Paulsmeyer • Hoffman (Trinity)
5	18.64	340	Roxanne Ibe • Peoria (Concordia)
6	19.86	280	Michaela Donner • Marengo (Zion)
7	20.38	239	Emilee Mitchell • Elgin (St. John's)
8			

Girls 100 Meter Hurdles Prelims - 6			
1	20.5	352	Jessica Otten • Red Bud (Trinity)
2	20.19	363	Brittany Smith • Rockford (St. Paul)
3	19.4	176	Raigen Schwartz • Centralia (Trinity)
4	18.13	286	Peyton Velasquez • Marengo (Zion)
5	18.54	391	Chaela Krueger • Springfield (Trinity)
6	19.78	281	Ranae Haskins • Marengo (Zion)
7	20.35	138	Kelsi Scaiefe • Belleville (Zion)
8			

Girls 100 Meter Hurdles Prelims - 7			
1	20.5	111	Kristi Orton • Arlington Heights (St. Peter)
2	20.19	291	Madison Day • Morton (Bethel)
3	19.5	374	Alyssa Konkol • Roselle (Trinity)
4	18.15	127	Mabree Champion • Belleville (Zion)
5	18.4	173	Amanda Geiger • Centralia (Trinity)
6	19.72	345	Molly Burns • Prarietown (St. Peter's)
7	20.29	243	Alexis Gurley • Elmhurst (Immanuel)
8			

Lane	Seed	Bib#	Name • Team
Girls 100 Meter Hurdles Prelims - 8			
1	20.5	348	Maria Miller • Red Bud (St. John)
2	20.25	240	Maurisa Mounger • Elgin (St. John's)
3	19.53	397	Sara Potter • Steeleville (St. Mark's)
4	18.24	325	Daphne Rosales • Palatine (Immanuel)
5	18.28	400	Desirae Wilson • Steeleville (St. Mark's)
6	19.69	321	Anna LaValle • Palatine (Immanuel)
7	20.26	207	Sam Abbate • Crystal Lake (Immanuel)
8	20.5	251	Chasitee Shroyer • Freeport (Immanuel)

109: Boys 110 Meter Hurdles Prelims - 1			
1	20.69	641	Michael Volkening • Marengo (Zion)
2	19.76	569	Logan Moore • Collinsville (Good Shepherd)
3	18.84	637	Craiton Nice • Marengo (Zion)
4	17.03	643	Elliott Adamson • Morton (Bethel)
5	18.79	558	Tyler Javier • Chicago (St. Philip)
6	19.71	524	Jacob Roggow • Bethalto (Zion)
7	20.59	644	Joel Baum • Morton (Bethel)
8			

Boys 110 Meter Hurdles Prelims - 2			
1	20.69	600	Mike Horton • Edwardsville (Trinity)
2	19.9	582	Jason Duncan • Decatur Lutheran
3	19.02	519	Malachi Washington • Belleville (Zion)
4	17.08	565	Ryan Brunton • Collinsville (Good Shepherd)
5	18.72	687	Jeremy Jensen • Park Ridge (St. Andrew's)
6	19.6	594	Robert Kleczynski • Dundee (Immanuel)
7	20.57	617	Joel Krenz • Hoffman (Trinity)
8	21.0	507	Ethan Skaggs • Arlington Heights (St. Peter)

Boys 110 Meter Hurdles Prelims - 3			
1	20.7	539	James Carmichael • Champaign (St. John)
2	19.93	741	Connor Wiles • Staunton (Zion)
3	19.05	640	Benjamin Volkening • Marengo (Zion)
4	17.34	584	Zach Gilbert • Decatur Lutheran
5	18.69	606	Lucas Hooker • Elmhurst (Immanuel)
6	19.5	664	Bramwell Turner • Norwood Park (St. Paul)
7	20.37	647	Reese Ehling • Morton (Bethel)
8	21.0	505	Kevin Orton • Arlington Heights (St. Peter)

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Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Boys 110 Meter Hurdles Prelims - 4				Boys 4x100 Relay Prelims - 3			
1	20.76	620	Blake Kasten • Hoyleton (Trinity)	1	57.4		Relay Team • Forest Park (St. John)
2	19.94	552	Christopher Arevalo • Chicago (St. James)	2	56.34		Relay Team • Crystal Lake (Immanuel)
3	19.08	573	Connor Zabala • Collinsville (Good Shepherd)	3	54.5		Relay Team • Bloomington (Trinity)
4	17.80	515	Luke Mathews • Belleville (Zion)	4	51.54		Relay Team • Elmhurst (Immanuel)
5	18.5	729	Austin Weil • Roselle (Trinity)	5	52.04		Relay Team • Belleville (Zion)
6	19.40	559	Stephen Schintgen • Chicago (St. Philip)	6	54.55		Relay Team • Rochelle (St. Paul)
7	20.14	562	Ian Bauer • Collinsville (Good Shepherd)	7	56.44		Relay Team • Peoria (Christ)
8	20.99	618	Reid Michael • Hoffman (Trinity)	8	57.78		Relay Team • Morton (Bethel)
Boys 110 Meter Hurdles Prelims - 5				111: Boys 400 Meter Dash Prelims - 1			
1	20.81	561	Joseph Baker • Collinsville (Good Shepherd)	1	1:05.07	562	Ian Bauer • Collinsville (Good Shepherd)
2	19.97	717	Zach Beck • Rockford (St. Paul)	2	1:04.0	758	Dakota Gette • Yorkville (Cross)
3	19.10	523	Joshua Eberhart • Bethalto (Zion)	3	1:02.41	510	Aidan Flanagan • Batavia (Immanuel)
4	18.0	504	James Knea • Arlington Heights (St. Peter)	4	56.4	761	Dillon Howorth • Yorkville (Cross)
5	18.5	672	Zach Gyuricza • Palatine (Immanuel)	5	1:02.0	698	Ben Stauffer • Peoria (Concordia)
6	19.26	740	Lucas Trettenero • Staunton (Zion)	6	1:04.0	760	Will Hoving • Yorkville (Cross)
7	20.1	541	Christian Gregg • Champaign (St. John)	7	1:05.0	524	Jacob Roggow • Bethalto (Zion)
8	20.96	686	Christian Baer • Park Ridge (St. Andrew's)	8			
Boys 110 Meter Hurdles Prelims - 6				Boys 400 Meter Dash Prelims - 2			
1	20.89	546	JaRyion Banks • Chicago (Holy Family)	1	1:05.1	578	Colin O'Connor • Crystal Lake (Immanuel)
2	19.99	547	Eddie Coleman • Chicago (Holy Family)	2	1:04.0	589	Mason Roberts • Decatur Lutheran
3	19.12	707	Adam Stahlke • River Forest (Grace)	3	1:02.6	706	Ryan O'Neil • River Forest (Grace)
4	18.4	537	Ryan Shipley • Centralia (Trinity)	4	57.6	733	Joshua Hennig • Springfield (Concordia)
5	18.47	759	Logan Heck • Yorkville (Cross)	5	1:01.69	659	Grant Groset • Naperville (Bethany)
6	19.25	688	Tyler Armstrong • Pekin (Good Shepherd)	6	1:03.80	744	Justin Stastny • Sterling (Christ)
7	20.0	574	Julius Becker • Crystal Lake (Immanuel)	7	1:05.0	566	Matthew Budnicki • Collinsville (Good Shepherd)
8	20.92	642	Jared West • Milford (St. Paul)	8			
110: Boys 4x100 Relay Prelims - 1				Boys 400 Meter Dash Prelims - 3			
1	57.0		Relay Team • Arlington Heights (St. Peter)	1	1:05.43	563	Jordan Blasingame • Collinsville (Good Shepherd)
2	55.02		Relay Team • Marengo (Zion)	2	1:04.13	692	Gabe Tucker • Peoria (Christ)
3	53.51		Relay Team • Peoria (Concordia)	3	1:02.6	625	Daniel Stellfox • Lansing (St. John)
4	51.08		Relay Team • Yorkville (Cross)	4	59.3	532	Ethan Schueler • Bloomington (Trinity)
5	53.0		Relay Team • River Forest (Grace)	5	1:01.34	565	Ryan Brunton • Collinsville (Good Shepherd)
6	55.00		Relay Team • Palatine (Immanuel)	6	1:03.7	742	Steven Uchtman • Steeleville (St. Mark's)
7	56.93		Relay Team • Rockford Lutheran	7	1:05.0	679	Christian Pierini • Palatine (Immanuel)
8	58.2		Relay Team • Staunton (Zion)	8	1:06.00	601	Zach Driscoll • Elgin (St. John's)
Boys 4x100 Relay Prelims - 2				Boys 400 Meter Dash Prelims - 4			
1	57.12		Relay Team • Dundee (Immanuel)	1	1:05.6	707	Adam Stahlke • River Forest (Grace)
2	55.25		Relay Team • Chicago (St. John)	2	1:04.4	704	Milton Drain • River Forest (Grace)
3	54.0		Relay Team • Roselle (Trinity)	3	1:03.0	666	Erik Harkness • Okawville (Immanuel)
4	51.47		Relay Team • Tinley Park (Trinity)	4	1:00.79	615	Brandon Jansen • Hoffman (Trinity)
5	52.4		Relay Team • Decatur Lutheran	5	1:01.30	724	Nate Wieting • Rockford Lutheran
6	54.58		Relay Team • Collinsville (Good Shepherd)	6	1:03.0	534	Dalton Cowan • Buckley (St. John)
7	56.92		Relay Team • Chicago (Holy Family)	7	1:04.76	690	David Heerman • Peoria (Christ)
8	57.88		Relay Team • Wheaton (St. John)	8	1:05.91	518	Matt Striegel • Belleville (Zion)

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
112: Boys 100 Meter Dash Prelims - 1				Boys 100 Meter Dash Prelims - 5			
1	13.1	702	Kody Schoenbeck • Red Bud (St. John)	1	13.19	687	Jeremy Jensen • Park Ridge (St. Andrew's)
2	12.95	691	Derek Heerman • Peoria (Christ)	2	13.00	545	Morris Vazquez • Chicago (Grace English)
3	12.55	684	Nate Turner • Palatine (Immanuel)	3	12.84	722	Brett Stewart • Rockford Lutheran
4	11.81	736	Dakota Follis • Springfield (Trinity)	4	12.09	715	Austin Walter • Rochelle (St. Paul)
5	12.50	553	Kyle Lozier • Chicago (St. James)	5	12.34	564	Jonathon Bohnstadt • Collinsville (Good Shepherd)
6	12.93	550	Devonte Odum • Chicago (Holy Family)	6	12.85	757	Gabe Arroyo • Yorkville (Cross)
7	13.1	595	Mitchell Loomer • Dundee (Immanuel)	7	13.05	662	Wes Pace • Nashville (Trinity-St. John)
8				8	13.2	521	Timothy Koehler • Belvidere (Immanuel)
Boys 100 Meter Dash Prelims - 2				113: Boys 4x200 Relay Prelims - 1			
1	13.17	651	Alex Goneh • Mount Prospect (St. Paul)	1	2:00.0		Relay Team • Arlington Heights (St. Peter)
2	13.0	540	Dennis Freeman • Champaign (St. John)	2	1:58.21		Relay Team • Dundee (Immanuel)
3	12.68	688	Tyler Armstrong • Pekin (Good Shepherd)	3	1:54.0		Relay Team • River Forest (Grace)
4	11.88	643	Elliott Adamson • Morton (Bethel)	4	1:49.0		Relay Team • Yorkville (Cross)
5	12.50	599	Austin Burbach • Edwardsville (Trinity)	5	1:53.31		Relay Team • Collinsville (Good Shepherd)
6	12.91	548	Darius Humphrey • Chicago (Holy Family)	6	1:57.74		Relay Team • Hoffman (Trinity)
7	13.1	612	Michael Miller • Hawthorn Woods (St. Matthew)	7	1:59.9		Relay Team • Champaign (St. John)
8				8			
Boys 100 Meter Dash Prelims - 3				Boys 4x200 Relay Prelims - 2			
1	13.17	629	Luke Alesia • Lombard (St. John)	1	2:00.0		Relay Team • Peoria (Concordia)
2	13.00	693	Nathan Keeton • Peoria (Concordia)	2	1:58.42		Relay Team • Chicago (St. John)
3	12.7	577	Chris Mitchell • Crystal Lake (Immanuel)	3	1:55.0		Relay Team • Bloomington (Trinity)
4	11.90	763	Enzo Olabi • Yorkville (Cross)	4	1:49.43		Relay Team • Elmhurst (Immanuel)
5	12.43	697	Michael Neumann • Peoria (Concordia)	5	1:51.36		Relay Team • Tinley Park (Trinity)
6	12.90	765	Austin Slezak • Yorkville (Cross)	6	1:57.07		Relay Team • Palatine (Immanuel)
7	13.09	747	Brian Mayo • Tinley Park (Trinity)	7	1:59.84		Relay Team • Rochelle (St. Paul)
8				8			
Boys 100 Meter Dash Prelims - 4				Boys 4x200 Relay Prelims - 3			
1	13.18	658	Ryan Dierking • Naperville (Bethany)	1	2:01.50		Relay Team • Red Bud (St. John)
2	13.00	614	Caleb Boehne • Hoffman (Trinity)	2	1:59.0		Relay Team • Roselle (Trinity)
3	12.8	729	Austin Weil • Roselle (Trinity)	3	1:55.65		Relay Team • Marengo (Zion)
4	11.95	761	Dillon Howorth • Yorkville (Cross)	4	1:50.98		Relay Team • Belleville (Zion)
5	12.41	639	Adam Rogutich • Marengo (Zion)	5	1:51.0		Relay Team • Decatur Lutheran
6	12.88	720	Antoine Pittman • Rockford Lutheran	6	1:56.36		Relay Team • Crystal Lake (Immanuel)
7	13.09	665	Austin Alsept • Okawville (Immanuel)	7	1:59.75		Relay Team • Rockford Lutheran
8				8	2:02.0		Relay Team • Hoyleton (Trinity)

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team
114: Boys 800 Meter Run Prelims - 1			
4 (11)	2:30.1	599	Austin Burbach • Edwardsville (Trinity)
8 (12)	2:35.00	620	Blake Kasten • Hoyleton (Trinity)
12 (13)			
3 (21)	2:25.30	724	Nate Wieting • Rockford Lutheran
7 (22)	2:33.67	666	Erik Harkness • Okawville (Immanuel)
11 (23)	2:37.0	538	David Black • Champaign (St. John)
2 (31)	2:25.3	543	Micah Lange • Champaign (St. John)
6 (32)	2:33.0	628	David York • Litchfield (Zion)
10 (33)	2:37.0	764	Christian Prohl • Yorkville (Cross)
1 (41)	2:21.0	589	Mason Roberts • Decatur Lutheran
5 (42)	2:30.25	660	Eric Onsager • Naperville (Bethany)
9 (43)	2:35.55	749	Benjamin Rohder • Tinley Park (Trinity)
Boys 800 Meter Run Prelims - 2			
4 (11)	2:29.10	718	Danny Berg • Rockford Lutheran
8 (12)	2:35.0	626	James Sielaff • Lincoln (Zion)
12 (13)			
3 (21)	2:26.0	733	Joshua Hennig • Springfield (Concordia)
7 (22)	2:34.0	708	Conor Sullivan • River Forest (Grace)
11 (23)	2:38.47	680	Nate Rathe • Palatine (Immanuel)
2 (31)	2:25.00	602	Michael Stroyeck • Elgin (St. Johns)
6 (32)	2:32.41	634	John Bowen • Marengo (Zion)
10 (33)	2:36.78	518	Matt Striegel • Belleville (Zion)
1 (41)	2:22.0	530	Mark Gilbert • Bloomington (Trinity)
5 (42)	2:31.0	567	Trey Hawk • Collinsville (Good Shepherd)
9 (43)	2:36.0	734	Jack Sherrick • Springfield (Our Savior's)
Boys 800 Meter Run Prelims - 3			
4 (11)	2:29.09	635	Ben Boyer • Marengo (Zion)
8 (12)	2:35.0	587	Dylan Pliska • Decatur Lutheran
12 (13)			
3 (21)	2:27.51	514	Brennan Koester • Belleville (Zion)
7 (22)	2:34.97	710	Alex Elam • Rochelle (St. Paul)
11 (23)	2:40.0	508	Nathan Solak • Arlington Heights (St. Peter)
2 (31)	2:24.01	654	Larry McLaughlin • Mount Prospect (St. Paul)
6 (32)	2:32.0	646	Hayden Brown • Morton (Bethel)
10 (33)	2:36.5	542	Nathaniel Hinds • Champaign (St. John)
1 (41)	2:23.00	691	Derek Heerman • Peoria (Christ)
5 (42)	2:32.0	502	Ben Kangas • Arlington Heights (St. Peter)
9 (43)	2:36.37	563	Jordan Blasingame • Collinsville (Good Shepherd)

Lane	Seed	Bib#	Name • Team
115: Boys 200 Meter Dash Prelims - 1			
1	27.91	522	Jimmy Callahan • Bethalto (Zion)
2	27.49	750	Colby Roundtree • Tinley Park (Trinity)
3	26.71	604	Joshua Farrar • Elmhurst (Immanuel)
4	24.48	643	Elliott Adamson • Morton (Bethel)
5	26.52	558	Tyler Javier • Chicago (St. Philip)
6	27.42	651	Alex Goneh • Mount Prospect (St. Paul)
7	27.9	509	Willie Westmoreland • Arlington Heights (St. Peter)
8			
Boys 200 Meter Dash Prelims - 2			
1	28.0	699	Addison Gunter • Red Bud (St. John)
2	27.5	540	Dennis Freeman • Champaign (St. John)
3	26.79	548	Darius Humphrey • Chicago (Holy Family)
4	24.56	736	Dakota Follis • Springfield (Trinity)
5	26.46	715	Austin Walter • Rochelle (St. Paul)
6	27.28	748	Sean O'Meara • Tinley Park (Trinity)
7	27.8	598	Joshua Yonker • Dundee (Immanuel)
8			
Boys 200 Meter Dash Prelims - 3			
1	28.0	745	Tyler Jahny • Tinley Park (Trinity)
2	27.5	622	Kyle Schnitker • Hoyleton (Trinity)
3	26.96	512	Mason Going • Belleville (Zion)
4	25.58	564	Jonathon Bohnstadt • Collinsville (Good Shepherd)
5	26.34	510	Aidan Flanagan • Batavia (Immanuel)
6	27.27	662	Wes Pace • Nashville (Trinity-St. John)
7	27.7	615	Brandon Jansen • Hoffman (Trinity)
8			
Boys 200 Meter Dash Prelims - 4			
1	27.53	665	Austin Alsept • Okawville (Immanuel)
2	27.12	616	Sean Kellermann • Hoffman (Trinity)
3	25.8	577	Chris Mitchell • Crystal Lake (Immanuel)
4	26.21	639	Adam Rogutich • Marengo (Zion)
5	27.23	597	Michael Velazquez • Dundee (Immanuel)
6	27.7	576	Kristian Koenig • Crystal Lake (Immanuel)
7			
8			

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Boys 200 Meter Dash Prelims - 5				122: Boys 4x800m Relay Timed-Section Finals - 1			
1				4 (11)	10:29.05		Relay Team • Marengo (Zion)
2	27.58	757	Gabe Arroyo • Yorkville (Cross)	8 (12)	10:45.38		Relay Team • Naperville (Bethany)
3	27.19	753	Kyle Brown • Wheaton (St. John)	12 (13)			
4	25.89	581	George Duncan • Decatur Lutheran	16 (14)			
5	25.99	583	Josh Gilbert • Decatur Lutheran	3 (21)	10:13.79		Relay Team • Belleville (Zion)
6	27.2	575	Danny Giesey • Crystal Lake (Immanuel)	7 (22)	10:41.1		Relay Team • Champaign (St. John)
7	27.63	603	Vincent Coleman • Elmhurst (Immanuel)	11 (23)			
8				15 (24)			
				2 (31)	10:10.4		Relay Team • Bloomington (Trinity)
				6 (32)	10:38.0		Relay Team • Decatur Lutheran
				10 (33)	11:15.0		Relay Team • Yorkville (Cross)
116: Boys 4x400m Relay Prelims - 1				14 (34)			
1	4:40.88		Relay Team • Morton (Bethel)	1 (41)	10:05.75		Relay Team • Palatine (Immanuel)
2	4:35.67		Relay Team • Naperville (Bethany)	5 (42)	10:37.12		Relay Team • Collinsville (Good Shepherd)
3	4:27.0		Relay Team • River Forest (Grace)	9 (43)	11:04.0		Relay Team • Mount Prospect (St. Paul)
4	4:11.0		Relay Team • Yorkville (Cross)	13 (44)			
5	4:17.13		Relay Team • Marengo (Zion)				
6	4:32.0		Relay Team • Decatur Lutheran				
7	4:39.6		Relay Team • Champaign (St. John)				
8	4:46.00		Relay Team • Lombard (St. John)				
Boys 4x400m Relay Prelims - 2				125: Boys Long Jump - 1			
1	4:40.77		Relay Team • Mount Prospect (St. Paul)	1	15'11.00"	715	Austin Walter • Rochelle (St. Paul)
2	4:35.07		Relay Team • Tinley Park (Trinity)	2	16'00.00"	654	Larry McLaughlin • Mount Prospect (St. Paul)
3	4:25.0		Relay Team • Collinsville (Good Shepherd)	3	16'01.00"	509	Willie Westmoreland • Arlington Heights (St. Peter)
4	4:07.5		Relay Team • Bloomington (Trinity)	4	16'03.00"	615	Brandon Jansen • Hoffman (Trinity)
5	4:23.05		Relay Team • Belleville (Zion)	5	16'05.50"	747	Brian Mayo • Tinley Park (Trinity)
6	4:32.68		Relay Team • Rockford Lutheran	6	16'06.00"	513	Ben Harsin • Belleville (Zion)
7	4:39.72		Relay Team • Palatine (Immanuel)	7	16'07.00"	707	Adam Stahlke • River Forest (Grace)
8	4:47.0		Relay Team • Buckley (St. John)	8	16'09.50"	688	Tyler Armstrong • Pekin (Good Shepherd)
				9	16'10.00"	763	Enzo Olabi • Yorkville (Cross)
				10	17'00.00"	584	Zach Gilbert • Decatur Lutheran
				11	18'03.50"	736	Dakota Follis • Springfield (Trinity)
119: Girls 4x800m Relay Timed-Section Finals - 1				Boys Long Jump - 2			
4 (11)	11:28.75		Relay Team • Palatine (Immanuel)	1	15'04.00"	722	Brett Stewart • Rockford Lutheran
8 (12)	12:16.2		Relay Team • Bloomington (Trinity)	2	15'06.00"	622	Kyle Schnitker • Hoyleton (Trinity)
12 (13)	13:03.0		Relay Team • Bethalto (Zion)	3	15'06.00"	537	Ryan Shipley • Centralia (Trinity)
16 (14)				4	15'06.00"	629	Luke Alesia • Lombard (St. John)
3 (21)	11:26.03		Relay Team • Naperville (Bethany)	5	15'06.50"	672	Zach Gyuricza • Palatine (Immanuel)
7 (22)	12:00.0		Relay Team • Arlington Heights (St. Peter)	6	15'07.00"	671	Michael Dykstra • Palatine (Immanuel)
11 (23)	12:55.0		Relay Team • Morton (Bethel)	7	15'07.00"	525	Austin Davis • Bloomington (Trinity)
15 (24)				8	15'07.50"	553	Kyle Lozier • Chicago (St. James)
2 (31)	11:17.0		Relay Team • Yorkville (Cross)	9	15'08.00"	511	Josiah Bergt • Belleville (Zion)
6 (32)	11:33.13		Relay Team • Belleville (Zion)	10	15'09.00"	718	Danny Berg • Rockford Lutheran
10 (33)	12:46.0		Relay Team • Decatur Lutheran	11	15'09.00"	740	Lucas Trettenero • Staunton (Zion)
14 (34)							
1 (41)	10:28.44		Relay Team • Marengo (Zion)				
5 (42)	11:33.0		Relay Team • Springfield (Our Savior's)				
9 (43)	12:28.46		Relay Team • Collinsville (Good Shepherd)				
13 (44)							

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Boys Long Jump - 3				Boys Triple Jump - 3			
1	15'00.00"	626	James Sielaff • Lincoln (Zion)	1	31'10.00"	586	Kevin Nutakor • Decatur Lutheran
2	15'00.00"	510	Aidan Flanagan • Batavia (Immanuel)	2	32'05.00"	706	Ryan O'Neil • River Forest (Grace)
3	15'00.75"	748	Sean O'Meara • Tinley Park (Trinity)	3	32'10.00"	578	Colin O'Connor • Crystal Lake (Immanuel)
4	15'01.00"	506	Matt Seafield • Arlington Heights (St. Peter)	4	33'07.25"	733	Joshua Hennig • Springfield (Concordia)
5	15'01.00"	521	Timothy Koehler • Belvidere (Immanuel)	5	34'00.00"	565	Ryan Brunton • Collinsville (Good Shepherd)
6	15'01.75"	559	Stephen Schintgen • Chicago (St. Philip)	6	34'05.00"	513	Ben Harsin • Belleville (Zion)
7	15'02.00"	750	Colby Roundtree • Tinley Park (Trinity)	7	34'07.00"	604	Joshua Farrar • Elmhurst (Immanuel)
8	15'02.00"	673	Eric Heinrich • Palatine (Immanuel)	8	35'02.00"	722	Brett Stewart • Rockford Lutheran
9	15'03.00"	591	Hunter York • Decatur Lutheran	9	35'02.00"	515	Luke Mathews • Belleville (Zion)
10	15'04.00"	594	Robert Kleczynski • Dundee (Immanuel)	10	36'08.00"	511	Josiah Bergt • Belleville (Zion)
				11	38'01.00"	639	Adam Rogutich • Marengo (Zion)
<hr/>				<hr/>			
126: Boys Triple Jump - 1				127: Boys Shot Put - 1			
1	29'02.00"	749	Benjamin Rohder • Tinley Park (Trinity)	1	34'03.00"	623	Mike Stec • La Grange (St. John's)
2	29'02.00"	624	Timothy Mason • Lansing (St. John)	2	34'04.75"	527	Derek Durdle • Bloomington (Trinity)
3	29'02.00"	605	Joshua Hoeksema • Elmhurst (Immanuel)	3	35'04.50"	697	Michael Neumann • Peoria (Concordia)
4	29'03.00"	732	Grant Lindgren • Schaumburg (St. Peter)	4	36'00.00"	753	Kyle Brown • Wheaton (St. John)
5	29'03.00"	585	Garrett Karsten • Decatur Lutheran	5	37'05.00"	601	Zach Driscoll • Elgin (St. John's)
6	29'03.00"	538	David Black • Champaign (St. John)	6	39'00.00"	592	Christopher Bartels • Dundee (Immanuel)
7	29'05.00"	537	Ryan Shipley • Centralia (Trinity)	7	40'00.00"	619	Austin Grote • Hoyleton (Trinity)
8	29'07.00"	520	Eli Bluege • Belvidere (Immanuel)	8	40'00.50"	551	Tavarus Petty • Chicago (Holy Family)
9	29'08.00"	536	Slater Scheurich • Buckley (St. John)	9	40'01.00"	571	Harry Uyehara • Collinsville (Good Shepherd)
10	29'10.00"	561	Joseph Baker • Collinsville (Good Shepherd)	10	40'02.00"	670	Ben Carlson • Palatine (Immanuel)
11	30'01.00"	579	Robben Burdick • Decatur Lutheran	Boys Shot Put - 2			
Boys Triple Jump - 2				1	32'04.00"	610	Roderick Sanders Jr. • Forest Park (St. John)
1	30'04.00"	581	George Duncan • Decatur Lutheran	2	33'01.00"	656	Kevin Buck • Naperville (Bethany)
2	30'04.50"	640	Benjamin Volkening • Marengo (Zion)	3	33'02.00"	693	Nathan Keeton • Peoria (Concordia)
3	30'06.00"	714	Connor Wallace • Rochelle (St. Paul)	4	33'02.00"	624	Timothy Mason • Lansing (St. John)
4	30'06.00"	667	Alex Baxter • Palatine (Immanuel)	5	33'04.00"	572	Harrison Wethers • Collinsville (Good Shepherd)
5	30'07.00"	560	Logan Anson • Collinsville (Good Shepherd)	6	33'11.50"	590	Blake Underwood • Decatur Lutheran
6	31'00.00"	728	Conner Vance • Roselle (Trinity)	7	34'00.00"	520	Eli Bluege • Belvidere (Immanuel)
7	31'02.00"	713	Tyler Joyce • Rochelle (St. Paul)	8	34'02.00"	683	Aaron Tres • Palatine (Immanuel)
8	31'05.00"	723	Hewitt Walsh • Rockford Lutheran	9	34'02.00"	667	Alex Baxter • Palatine (Immanuel)
9	31'06.00"	625	Daniel Stellfox • Lansing (St. John)	10	34'10.00"	735	Tyler Wagner • Springfield (Our Savior's)
10	31'06.00"	727	Stephen Knitter • Roselle (Trinity)				
11	31'06.00"	734	Jack Sherrick • Springfield (Our Savior's)				
12	31'06.00"	591	Hunter York • Decatur Lutheran				
13	32'04.00"	521	Timothy Koehler • Belvidere (Immanuel)				

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
128: Boys Discus - 1				130: Girls Long Jump - 1			
1	086'10"	539	James Carmichael • Champaign (St. John)	1	13'08.00"	410	Haley Hannenberg • Wheaton (St. John)
2	087'00"	613	Ryan Rodriguez • Hawthorn Woods (St. Matthew)	2	13'09.50"	258	Brie Paulsmeyer • Hoffman (Trinity)
3	087'00"	743	Bentley Grell • Sterling (Christ)	3	14'03.00"	259	Hannah Rueter • Hoffman (Trinity)
4	087'11"	648	Trevor Knoerle • Morton (Bethel)	4	14'04.00"	125	Rebecca Althoff • Belleville (Zion)
5	088'05"	627	Blake Garrison • Litchfield (Zion)	5	14'05.00"	173	Amanda Geiger • Centralia (Trinity)
6	089'00"	735	Tyler Wagner • Springfield (Our Savior's)	6	14'06.00"	151	Jenna Gwaltney • Bethalto (Zion)
7	090'06"	661	Danny Vertuno • Naperville (Bethany)	7	14'06.00"	127	Mabree Champion • Belleville (Zion)
8	090'06"	756	Nate Woten • Wheaton (St. John)	8	14'06.00"	131	Chelsea Hill • Belleville (Zion)
9	092'02"	683	Aaron Tres • Palatine (Immanuel)	9	14'06.25"	312	Haley Wentz • Naperville (Bethany)
Boys Discus - 2				10	14'09.00"	404	Sarah Herold • Tinley Park (Trinity)
1	088'00"	601	Zach Driscoll • Elgin (St. John's)	11	15'07.00"	246	Emily Vierow • Elmhurst (Immanuel)
2	091'04"	737	Tyler Sunley • Springfield (Trinity)	12	16'04.00"	422	Alexis Smith • Yorkville (Cross)
3	092'00"	663	Brandon McCallister • Norwood Park (St. Paul)	Girls Long Jump - 2			
4	093'00"	612	Michael Miller • Hawthorn Woods (St. Matthew)	1	13'04.00"	252	Ashley Simmons • Freeport (Immanuel)
5	098'08"	572	Harrison Wethers • Collinsville (Good Shepherd)	2	13'04.00"	345	Molly Burns • Prarietown (St. Peter's)
6	099'03"	623	Mike Stec • La Grange (St. John's)	3	13'05.00"	146	Kaitlyn Stradtman • Belvidere (Immanuel)
7	100'06"	747	Brian Mayo • Tinley Park (Trinity)	4	13'05.00"	342	Emily McCuiston • Peoria (Concordia)
8	100'11"	751	Cody Starostka • Tinley Park (Trinity)	5	13'05.00"	232	Alex Zeller • Dundee (Immanuel)
Boys Discus - 3				6	13'06.00"	248	Lakonka Collins • Freeport (Immanuel)
1	103'00"	516	Parker Roustio • Belleville (Zion)	7	13'06.00"	175	Rachael Lape • Centralia (Trinity)
2	105'00"	697	Michael Neumann • Peoria (Concordia)	8	13'06.00"	265	Emma Haugen • La Grange (St. John's)
3	106'04"	753	Kyle Brown • Wheaton (St. John)	9	13'06.00"	176	Raigen Schwartz • Centralia (Trinity)
4	109'07"	670	Ben Carlson • Palatine (Immanuel)	10	13'07.00"	136	Sydnee Sachtleben • Belleville (Zion)
5	110'04"	656	Kevin Buck • Naperville (Bethany)	11	13'07.00"	104	Courtney Gnan • Arlington Heights (St. Peter)
6	112'02"	527	Derek Durdle • Bloomington (Trinity)	12	13'07.00"	109	Samantha Kay • Arlington Heights (St. Peter)
7	116'00"	588	Donovan Resch • Decatur Lutheran	13	13'10.00"	355	Chirstina Braxton • River Forest (Grace)
8	118'00"	619	Austin Grote • Hoyleton (Trinity)	Girls Long Jump - 3			
9	130'09"	571	Harry Uyehara • Collinsville (Good Shepherd)	1	13'00.00"	298	Rachael Meyer • Morton (Bethel)
129: Boys High Jump - 1				2	13'00.00"	424	Rebecca Taylor • Yorkville (Cross)
1	5'00"	509	Willie Westmoreland • Arlington Heights (St. Peter)	3	13'00.00"	119	Randi Balgeman • Batavia (Immanuel)
2	5'00"	684	Nate Turner • Palatine (Immanuel)	4	13'00.00"	409	Jenna Cartwright • Wheaton (St. John)
3	5'00"	668	Keith Berger • Palatine (Immanuel)	5	13'01.00"	275	Kelly Eberle • Lombard (St. John)
4	5'00"	659	Grant Groset • Naperville (Bethany)	6	13'01.00"	305	Erin Guenther • Naperville (Bethany)
5	5'00"	556	Tyler Kesner • Chicago (St. John)	7	13'02.00"	174	Allison Haake • Centralia (Trinity)
6	5'01"	703	Aaron Allen • River Forest (Grace)	8	13'02.00"	359	Rachel Bungler • Rochelle (St. Paul)
7	5'02"	758	Dakota Gette • Yorkville (Cross)	9	13'02.00"	167	Emma Stroyan • Bloomington (Trinity)
8	5'02"	677	Joe Megyrey • Palatine (Immanuel)	10	13'03.00"	261	Jessica Weihe • Hoyleton (Trinity)
9	5'02"	586	Kevin Nutakor • Decatur Lutheran	11	13'03.00"	341	Tara Keenan • Peoria (Concordia)
10	5'04"	511	Josiah Bergt • Belleville (Zion)	12	13'03.00"	411	Grace Krentz • Wheaton (St. John)
11	5'06"	619	Austin Grote • Hoyleton (Trinity)				
12	5'06"	512	Mason Going • Belleville (Zion)				

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
131: Girls Triple Jump - 1				132: Girls Shot Put - 1			
1	25'06.00"	315	Rachel Frank • Norwood Park (St. Paul)	1	25'05.00"	272	Elizabeth Tripplett • Lincoln (Zion)
2	25'06.50"	109	Samantha Kay • Arlington Heights (St. Peter)	2	26'00.00"	313	Natalie Johnson • Nashville (Trinity-St. John)
3	25'07.00"	423	Allison Smith • Yorkville (Cross)	3	26'01.00"	346	Karlie Schneck • Prarietown (St. Peter's)
4	25'08.00"	329	Brianna Stryczek • Palatine (Immanuel)	4	26'01.25"	382	Melanie Tomaszewski • Schaumburg (St. Peter)
5	25'09.00"	300	Maggie Smedberg • Mount Prospect (St. Paul)	5	26'03.00"	297	Lizzie McMurtrey • Morton (Bethel)
6	25'10.00"	225	Haley Salefski • Decatur Lutheran	6	26'04.00"	142	Dakotah Hazlewood • Belvidere (Immanuel)
7	26'00.00"	360	Abby Beck • Rockford (St. Paul)	7	26'05.00"	418	Mackenzie Lee • Yorkville (Cross)
8	26'01.50"	121	Brionna Minx • Batavia (Immanuel)	8	26'06.25"	331	Alyssa Matej • Park Ridge (St. Andrew's)
9	26'01.50"	244	Jessica Hoeksema • Elmhurst (Immanuel)	9	27'00.00"	318	Ashleigh Guerrero • Palatine (Immanuel)
10	26'03.00"	118	Camden Heinisch • Aurora (St. Paul's)	10	27'03.00"	383	Jordan Cowles • Springfield (Our Savior's)
11	26'06.00"	328	Eugenia Shin • Palatine (Immanuel)	11	28'08.00"	317	Kayley Driggers • Palatine (Immanuel)
12	26'06.00"	390	Carrie Rolf • Springfield (Our Savior's)	12	29'02.00"	171	Bethany Coffey • Centralia (Trinity)
Girls Triple Jump - 2				13	29'06.00"	213	Christina Meinhardt • Crystal Lake (Immanuel)
1	26'03.00"	404	Sarah Herold • Tinley Park (Trinity)	14	30'06.00"	338	Aysia Williams • Peoria (Christ)
2	26'05.00"	355	Chirstina Braxton • River Forest (Grace)	Girls Shot Put - 2			
3	26'08.00"	143	Gabriel Montana • Belvidere (Immanuel)	1	23'08.00"	228	Kayley Stock • Decatur Lutheran
4	26'09.00"	261	Jessica Weihe • Hoyleton (Trinity)	2	24'00.00"	349	Sarah Roy • Red Bud (St. John)
5	26'09.00"	424	Rebecca Taylor • Yorkville (Cross)	3	24'02.00"	238	Rachel Lesh • Elgin (St. John's)
6	26'10.00"	385	Ella Flesner • Springfield (Our Savior's)	4	24'03.00"	220	Mariah Mell • Decatur Lutheran
7	26'10.75"	119	Randi Balgeman • Batavia (Immanuel)	5	24'04.00"	236	Chrissie Humes • Elgin (St. John's)
8	26'11.00"	392	Mackenzie Riechers • Springfield (Trinity)	6	24'10.50"	168	Meagan Todd • Bloomington (Trinity)
9	27'00.00"	295	Emma Goddard • Morton (Bethel)	7	24'11.00"	362	Sha Russell • Rockford (St. Paul)
10	27'01.00"	138	Kelsi Scaiefe • Belleville (Zion)	8	25'02.50"	188	Sarah Byall • Chicago (St. John)
11	27'04.00"	206	Abby Wicklein • Collinsville (Good Shepherd)	9	25'04.00"	260	Janie Holle • Hoyleton (Trinity)
12	27'06.50"	363	Brittany Smith • Rockford (St. Paul)	10	25'07.00"	271	Anna Sielaff • Lincoln (Zion)
13	27'09.00"	294	Madison Glatz • Morton (Bethel)	133: Girls Discus - 1			
Girls Triple Jump - 3				1	062'01"	124	Emily Althoff • Belleville (Zion)
1	27'02.00"	232	Alex Zeller • Dundee (Immanuel)	2	062'02"	365	Chrystal McKiski • Rockford Lutheran
2	27'11.00"	136	Sydnee Sachtleben • Belleville (Zion)	3	062'06"	172	Cassie Deboard • Centralia (Trinity)
3	28'01.50"	247	Lindsey Vierow • Elmhurst (Immanuel)	4	062'07"	274	Kaylee Arnold • Lombard (St. John)
4	28'02.00"	341	Tara Keenan • Peoria (Concordia)	5	063'00"	227	Kaylee Shampine • Decatur Lutheran
5	28'03.00"	344	Allie Sick • Peoria (Concordia)	6	063'00"	287	Lanie Weck • Marengo (Zion)
6	28'07.50"	120	Hannah Meyle • Batavia (Immanuel)	7	063'02"	160	Jami Kunde • Bloomington (Trinity)
7	28'08.50"	207	Sam Abbate • Crystal Lake (Immanuel)	8	063'04"	304	Kaylin Fauley • Naperville (Bethany)
8	29'00.00"	314	Olivia Anton • Norwood Park (St. Paul)	9	063'11"	401	Jaden House • Sterling (Christ)
9	29'07.00"	130	Alexis Hardin • Belleville (Zion)	10	064'00"	169	Billie Lohrbach • Buckley (St. John)
10	29'08.00"	167	Emma Stroyan • Bloomington (Trinity)	11	064'00"	141	Mara Guse • Belvidere (Immanuel)
11	29'09.00"	386	Jaelin Heavisides • Springfield (Our Savior's)	12	064'00"	115	Katelyn Sommers • Arlington Heights (St. Peter)
12	30'05.00"	127	Mabree Champion • Belleville (Zion)	13	064'01"	418	Mackenzie Lee • Yorkville (Cross)
13	30'08.00"	391	Chaela Krueger • Springfield (Trinity)	14	064'01"	270	Rachel Marlin • Lincoln (Zion)
14	34'06.50"	422	Alexis Smith • Yorkville (Cross)	15	065'00"	260	Janie Holle • Hoyleton (Trinity)
				16	066'05"	168	Meagan Todd • Bloomington (Trinity)

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Girls Discus - 2				134: Girls High Jump - 1			
1	065'00"	224	Caitlin Salefski • Decatur Lutheran	1	4'04"	135	Caitlin Reisa • Belleville (Zion)
2	065'07"	402	Kaley Barseth • Tinley Park (Trinity)	2	4'04"	352	Jessica Otten • Red Bud (Trinity)
3	066'00"	240	Maurisa Mounger • Elgin (St. John's)	3	4'04"	134	Haley Mandeville • Belleville (Zion)
4	066'04"	177	Lauren Holderfield • Champaign (St. John)	4	4'04"	112	Ally Pagones • Arlington Heights (St. Peter)
5	066'05"	403	Brittany Harmon • Tinley Park (Trinity)	5	4'04"	366	Rachel Milani • Rockford Lutheran
6	067'00"	369	Kara Thompson • Rockford Lutheran	6	4'04"	133	Gillian Lewis • Belleville (Zion)
7	067'08"	140	Rachel Walker • Belleville (Zion)	7	4'04"	301	Mary Swackhamer • Mount Prospect (St. Paul)
8	068'05"	138	Kelsi Scaiefe • Belleville (Zion)	8	4'04"	223	Allie Roberts • Decatur Lutheran
9	068'08"	219	Haley Jones • Decatur Lutheran	9	4'04"	375	Sarah Melby • Roselle (Trinity)
10	068'09"	161	Maycee Nordine • Bloomington (Trinity)	10	4'04"	370	Liz Arco • Roselle (Trinity)
11	071'09"	263	Emily Fritz • La Grange (St. John's)	11	4'04"	158	Kristina Harvey • Bloomington (Trinity)
Girls Discus - 3				12	4'04"	202	Morgan Rodgers • Collinsville (Good Shepherd)
1	070'04"	271	Anna Sielaff • Lincoln (Zion)	13	4'04"	289	Casey Brunton • Morton (Bethel)
2	071'03"	228	Kayley Stock • Decatur Lutheran	14	4'05"	288	Brandi Bisping • Morton (Bethel)
3	072'07"	272	Elizabeth Tripplett • Lincoln (Zion)	15	4'06"	128	Lindsey Frohbieter • Belleville (Zion)
4	073'09"	297	Lizzie McMurtrey • Morton (Bethel)	16	4'06"	222	Ellie Paz • Decatur Lutheran
5	074'00"	313	Natalie Johnson • Nashville (Trinity-St. John)	17	4'06"	207	Sam Abbate • Crystal Lake (Immanuel)
6	074'00"	116	Amy Walter • Arlington Heights (St. Peter)	18	4'06"	214	Sophie Brown • Decatur Lutheran
7	074'01"	346	Karlie Schneck • Prarietown (St. Peter's)	19	4'06"	182	Brianna Branch • Chicago (Holy Family)
8	074'04"	245	Kelsey Steiner • Elmhurst (Immanuel)	20	4'06"	230	Sierra Taylor • Decatur Lutheran
9	074'05"	397	Sara Potter • Steeleville (St. Mark's)	21	4'07"	410	Haley Hannenberg • Wheaton (St. John)
10	074'07"	171	Bethany Coffey • Centralia (Trinity)	22	4'07"	340	Roxanne Ibe • Peoria (Concordia)
11	074'08"	338	Aysia Williams • Peoria (Christ)	23	4'07"	267	Kathryn Arneaud • Lincoln (Zion)
12	075'08"	383	Jordan Cowles • Springfield (Our Savior's)	24	4'08"	129	Kristin Goerger • Belleville (Zion)
13	076'09"	221	Monice Niebrugge • Decatur Lutheran	25	4'08"	152	Hannah Niemeier • Bethalto (Zion)
14	076'10"	279	Taylor Carlson • Marengo (Zion)	26	4'08"	101	Rachel Erdmann • Arlington Heights (St. Peter)
15	077'00"	142	Dakotah Hazlewood • Belvidere (Immanuel)	27	4'10"	265	Emma Haugen • La Grange (St. John's)
16	082'03"	213	Christina Meinhardt • Crystal Lake (Immanuel)	207: Boys 1600 Meter Run Timed-Section Finals - 1			
				4 (11)	5:44.15	632	Luke Young • Lombard (St. John)
				8 (12)	5:47.0	508	Nathan Solak • Arlington Heights (St. Peter)
				12 (13)	5:49.0	567	Trey Hawk • Collinsville (Good Shepherd)
				16 (14)			
				3 (21)	5:43.7	675	Nate Izewski • Palatine (Immanuel)
				7 (22)	5:45.0	529	Caleb Fogler • Bloomington (Trinity)
				11 (23)	5:49.0	587	Dylan Pliska • Decatur Lutheran
				15 (24)			
				2 (31)	5:42.59	628	David York • Litchfield (Zion)
				6 (32)	5:45.0	685	Matt Ulrich • Palatine (Immanuel)
				10 (33)	5:48.0	710	Alex Elam • Rochelle (St. Paul)
				14 (34)			
				1 (41)	5:41.0	524	Jacob Roggow • Bethalto (Zion)
				5 (42)	5:45.0	556	Tyler Kesner • Chicago (St. John)
				9 (43)	5:47.49	666	Erik Harkness • Okawville (Immanuel)
				13 (44)	5:50.0	502	Ben Kangas • Arlington Heights (St. Peter)

2010 Lutheran Sports Association State T&F Championships

Lane	Seed	Bib#	Name • Team	Lane	Seed	Bib#	Name • Team
Boys 1600 Meter Run Timed-Section Finals - 2				Girls 1600 Meter Run Timed-Section Finals - 2			
4	(11)	5:20.46	514 Brennan Koester • Belleville (Zion)	4	(11)	5:55.0	106 Rachel Henk • Arlington Heights (St. Peter)
8	(12)	5:34.00	691 Derek Heerman • Peoria (Christ)	8	(12)	5:59.0	386 Jaelin Heavisides • Springfield (Our Savior's)
12	(13)	5:37.69	634 John Bowen • Marengo (Zion)	12	(13)	6:19.20	364 Abby Berke • Rockford Lutheran
16	(14)	5:39.0	542 Nathaniel Hinds • Champaign (St. John)	16	(14)	6:22.0	320 Samantha Heuertz • Palatine (Immanuel)
3	(21)	5:17.30	718 Danny Berg • Rockford Lutheran	3	(21)	5:44.59	284 Alexis Olson • Marengo (Zion)
7	(22)	5:32.25	672 Zach Gyuricza • Palatine (Immanuel)	7	(22)	5:57.95	283 Catherine Meyn • Marengo (Zion)
11	(23)	5:37.00	602 Michael Stroyeck • Elgin (St. John's)	11	(23)	6:17.9	343 Paige Rudin • Peoria (Concordia)
15	(24)	5:39.0	734 Jack Sherrick • Springfield (Our Savior's)	15	(24)	6:21.2	163 Gracyn Paul • Bloomington (Trinity)
2	(31)	5:03.00	654 Larry McLaughlin • Mount Prospect (St. Paul)	2	(31)	5:42.62	285 Allie Sprague • Marengo (Zion)
6	(32)	5:28.52	620 Blake Kasten • Hoyleton (Trinity)	6	(32)	5:56.0	420 Olivia Ming • Yorkville (Cross)
10	(33)	5:36.44	731 Max Draper • Schaumburg (St. Peter)	10	(33)	6:09.66	286 Peyton Velasquez • Marengo (Zion)
14	(34)	5:39.0	660 Eric Onsager • Naperville (Bethany)	14	(34)	6:20.50	129 Kristin Goerger • Belleville (Zion)
1	(41)	4:50.0	678 David Nordman • Palatine (Immanuel)	1	(41)	5:35.0	414 Skyler Bollinger • Yorkville (Cross)
5	(42)	5:25.0	528 Tom Evelsizer • Bloomington (Trinity)	5	(42)	5:55.90	139 Peyton Seibel • Belleville (Zion)
9	(43)	5:34.69	635 Ben Boyer • Marengo (Zion)	9	(43)	5:59.9	311 Meredyth Staunch • Naperville (Bethany)
13	(44)	5:38.0	767 Trevor Wills • Yorkville (Cross)	13	(44)	6:20.0	316 Katie Conklin • Palatine (Immanuel)
17	(45)	5:39.0	646 Hayden Brown • Morton (Bethel)				

208: Girls 1600 Meter Run Timed-Section Finals - 1

4	(11)	6:26.0	321 Anna LaValle • Palatine (Immanuel)
8	(12)	6:29.0	425 Alexandria Weyrich • Yorkville (Cross)
12	(13)	6:37.48	273 Anna Thomack • Litchfield (Zion)
16	(14)		
3	(21)	6:25.0	390 Carrie Rolf • Springfield (Our Savior's)
7	(22)	6:29.0	384 Jacqui Eck • Springfield (Our Savior's)
11	(23)	6:37.0	322 Danya Lloyd-Santiago • Palatine (Immanuel)
15	(24)	6:40.0	329 Brianna Stryczek • Palatine (Immanuel)
2	(31)	6:24.0	181 Kate Young • Champaign (St. John)
6	(32)	6:27.62	277 Kitty Allen • Marengo (Zion)
10	(33)	6:36.0	323 Nadya Lloyd-Santiago • Palatine (Immanuel)
14	(34)	6:38.10	197 Leah Cuddeback • Collinsville (Good Shepherd)
1	(41)	6:23.0	153 Karly Schley • Bethalto (Zion)
5	(42)	6:27.0	330 Leslie Christiansen • Park Ridge (St. Andrew's)
9	(43)	6:35.51	255 Anna Krenz • Hoffman (Trinity)
13	(44)	6:38.0	159 Abrie Klink • Bloomington (Trinity)