

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Friday**

**Event 13 Women 10000 Meter Run****Friday 5/4/2012 - 9:30 AM**

Conference: 37:05.71 3/19/2011 Samantha Gries

NAC Champ.: 37:58.54 5/7/2011 Samantha Gries

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	231 Alex Schmidt	Jr	Concordia	37:48.34
2	128 Anna Perkowski	So	Aurora	41:05.02
3	226 Amy Grieshamer	Sr	Concordia	43:41.57
4	415 Julie Favorite	Fr	Wisconsin	43:55.07
5	346 Christine Deitte	Jr	Lakeland	48:59.51
6	177 Julie Carroll	Fr	Benedictine	NT
7	223 Nicole Fearrin	So	Concordia	NT
8	112 Heidi Gantz	So	Aurora	NT
9	281 Caitlyn Stern	So	Concordia	NT
10	110 Briana Deckard	So	Aurora	NT
11	263 Bethany Doerr	Jr	Concordia	NT
12	187 Krishna Patel	So	Benedictine	NT
13	277 Samantha Nelson	Fr	Concordia	NT

**Event 14 Men 10000 Meter Run****Friday 5/4/2012 - 9:30 AM**

Conference: 31:00.23 3/19/2011 Andrew Ashenden

NAC Champ.: 32:26.02 5/3/2008 Zach Shiels

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	170 Drew Schmitt	So	Aurora	32:24.64
2	241 Ethan McBee	Jr	Concordia	34:40.72
3	435 Isaac Hill	So	Wisconsin	34:43.84
4	251 Christian Sorenson	So	Concordia	34:56.92
5	150 Morgan Goetschel	Jr	Aurora	35:09.41
6	339 Jason Revels	Fr	Edgewood	35:11.99
7	392 Jeff Sparks	Fr	Msoe	35:52.81
8	411 Eric Woelbling	Jr	Rockford	38:55.13
9	351 Ryan Graves	Jr	Lakeland	41:27.74
10	309 Ryan Perry	Jr	Concordia	NT
11	297 Jordan Guenther	So	Concordia	NT
12	203 Danny Graham	Sr	Benedictine	NT
13	142 Dale Bolthouse	Jr	Aurora	NT
14	290 Andrew Coop	Fr	Concordia	NT
15	295 Kevin Gries	Jr	Concordia	NT
16	300 Martin Hinze	So	Concordia	NT
17	330 Connor Boushon	Jr	Edgewood	NT
18	304 Robert Meilbeck	Fr	Concordia	NT

**Event 27 Women Triple Jump****Friday 5/4/2012 - 9:30 AM**

Conference: 10.75m 5/7/2011 Cait Hartman

NAC Champ.: 10.75m 5/7/2011 Cait Hartman

Pos	Name	Yr	School	Seed Mark
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**Flight 1 of 1 Finals**

1	130 Ainsley Richards	So	Aurora	ND
2	414 Jenny Ebeling	Fr	Wisconsin	ND
3	419 Hailey Herriges	Sr	Wisconsin	ND
4	267 Becky Gifford	Jr	Concordia	ND
5	186 Nicole Millard	Fr	Benedictine	ND
6	265 Lauren Frisque	Fr	Concordia	9.39m
7	412 Amanda Bregger	Fr	Wisconsin	9.55m
8	219 Savanna Ashbaugh	Fr	Concordia	9.59m
9	426 Cecilee Rodenkirch	Jr	Wisconsin	9.95m
10	403 Stephanie Tassone	Fr	Rockford	9.95m
11	124 Caitlin Monigold	So	Aurora	10.06m
12	123 Lauren Miller	Jr	Aurora	10.09m

**Event 28 Men Triple Jump****Friday 5/4/2012 - 9:30 AM**

Conference: 14.44m 4/9/2009 Dominique Johnson

NAC Champ.: 13.82m 5/2/2009 Dominique Johnson

Pos	Name	Yr	School	Seed Mark
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**Flight 1 of 1 Finals**

1	147 Ahmad DeOlivieria	So	Aurora	ND
2	334 Quinn Kaiser	Fr	Edgewood	10.87m
3	210 Nicholas McCord	Sr	Benedictine	11.74m
4	216 Billy Sipek	Fr	Benedictine	11.95m
5	385 Ryan Moldenhauer	Fr	Msoe	11.96m
6	377 Zach Ipema	Fr	Msoe	12.18m
7	354 Patrick Johnson	Fr	Lakeland	12.32m
8	167 Bo Price	Jr	Aurora	12.36m
9	139 Paul Beeler	So	Aurora	12.68m
10	398 Arthur Weborg	Jr	Msoe	13.06m
11	240 Larry Mayne	Sr	Concordia	13.13m
12	238 Jacob Kreuzer	Sr	Concordia	13.37m
13	236 Merrell Davis	Jr	Concordia	13.45m
14	310 Justin Rogers	Sr	Concordia	13.46m
15	253 Jamal Thomas	So	Concordia	14.21m

**Event 33 Women Hammer Throw****Friday 5/4/2012 - 9:30 AM**

Conference: 49.95m 5/7/2011 Vanessa Mensie

NAC Champ.: 49.95m 5/7/2011 Vanessa Mensie

Pos	Name	Yr	School	Seed Mark
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**Flight 1 of 2 Finals**

1	268 Courtney Gilge	Fr	Concordia	ND
2	258 Jacqueline Beyer	Fr	Concordia	25.37m
3	264 Alexandra Ezell	Fr	Concordia	27.73m
4	114 Shandi Hammer	So	Aurora	27.99m
5	132 Rebecca Rod	So	Aurora	31.20m
6	262 Katie Dicks	Fr	Concordia	31.31m
7	364 Marly Trier	Fr	Msoe	31.41m

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
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**Flight 2 of 2 Finals...(Event 33 Women Hammer Throw)**

1	233 Kamile Udrenaite	Fr	Concordia	32.30m
2	218 Amanda Allen	Jr	Concordia	32.76m
3	257 Holly Beattie	Jr	Concordia	33.36m
4	136 Priscilla Thermidor	Jr	Aurora	33.72m
5	272 Andrea Kassees	So	Concordia	34.81m
6	229 Cheryl Robaczewski	Jr	Concordia	35.25m
7	190 Kayleigh Skaggs	So	Benedictine	36.80m
8	178 Shana Cook	So	Benedictine	40.94m
9	126 Samantha Owens	So	Aurora	40.97m

**Event 34 Men Hammer Throw****Friday 5/4/2012 - 9:30 AM**

Conference: 55.45m 4/30/2010 Tom Sroka  
 NAC Champ.: 53.55m 5/13/2010 Tom Sroka

Pos	Name	Yr	School	Seed Mark
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**Flight 1 of 2 Finals**

1	141 Adam Blake	Fr	Aurora	25.93m
2	145 Petey Claus	So	Aurora	29.33m
3	375 Chris Gust	Fr	Msoe	30.68m
4	390 Joshua Ruchlow	So	Msoe	33.42m
5	291 Burke Dupuis	Fr	Concordia	35.13m
6	287 Joel Behl	Jr	Concordia	35.60m

**Flight 2 of 2 Finals**

1	158 Choctaw Johnson	Jr	Aurora	36.04m
2	312 William Sommer	Fr	Concordia	36.09m
3	293 Andrew Faber	Fr	Concordia	37.01m
4	143 Zach Burke	So	Aurora	39.50m
5	213 Tyler Monahan	So	Benedictine	40.68m
6	254 Cory Volkman	Sr	Concordia	40.77m
7	204 Andrew Grzywina	Sr	Benedictine	41.37m
8	144 Eric Capshaw	Sr	Aurora	46.86m
9	153 Zeus Gonzalez	Sr	Aurora	47.79m
10	198 Adam Chocola	Jr	Benedictine	51.74m

**Event 35 Women Javelin Throw****Friday 5/4/2012 - 9:30 AM**

Conference: 43.30m 4/23/2010 Stephanie DeLuca  
 NAC Champ.: 38.59m 5/2/2009 Stephanie DeLuca

Pos	Name	Yr	School	Seed Mark
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**Flight 1 of 2 Finals**

1	403 Stephanie Tassone	Fr	Rockford	ND
2	264 Alexandra Ezell	Fr	Concordia	15.19m
3	114 Shandi Hammer	So	Aurora	18.76m
4	126 Samantha Owens	So	Aurora	19.75m
5	258 Jacqueline Beyer	Fr	Concordia	20.80m
6	190 Kayleigh Skaggs	So	Benedictine	21.41m
7	233 Kamile Udrenaite	Fr	Concordia	22.43m
8	118 Kylie Lowe	So	Aurora	22.68m
9	265 Lauren Frisque	Fr	Concordia	22.77m
10	429 Chris Sosinski	So	Wisconsin	23.04m
11	136 Priscilla Thermidor	Jr	Aurora	23.08m
12	132 Rebecca Rod	So	Aurora	23.16m
13	135 Kaylee Swearingen	Fr	Aurora	23.28m

**Flight 2 of 2 Finals**

1	262 Katie Dickes	Fr	Concordia	23.68m
2	271 Jessica Hennig	So	Concordia	23.95m
3	261 Courtney Crouse	Sr	Concordia	24.33m
4	125 Sarah Murphy	Fr	Aurora	25.83m
5	364 Marly Trier	Fr	Msoe	26.75m
6	230 Allison Sapiro	Fr	Concordia	26.92m
7	282 Kate Viesselmann	Sr	Concordia	29.00m
8	267 Becky Gifford	Jr	Concordia	30.52m
9	219 Savanna Ashbaugh	Fr	Concordia	33.68m
10	105 Erin Blackburn	Sr	Aurora	33.88m
11	414 Jenny Ebeling	Fr	Wisconsin	36.52m
12	178 Shana Cook	So	Benedictine	36.73m

**Event 36 Men Javelin Throw****Friday 5/4/2012 - 9:30 AM**

Conference: 70.14m 4/3/2010 Brock Solveson  
 NAC Champ.: 58.63m 5/3/2008 Brock Solveson

Pos	Name	Yr	School	Seed Mark
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**Flight 1 of 2 Finals**

1	154 Evan Hackbarth	Sr	Aurora	ND
2	439 Steve Van Alstine	Fr	Wisconsin	29.56m
3	158 Choctaw Johnson	Jr	Aurora	33.04m
4	386 Tom Monteverde	Sr	Msoe	35.20m
5	395 Steve Toll	Sr	Msoe	36.20m
6	198 Adam Chocola	Jr	Benedictine	36.83m
7	172 Matt Stanczak	So	Aurora	37.13m
8	247 Jon Poppe	Jr	Concordia	37.68m
9	288 Ryan Billman	Fr	Concordia	38.57m
10	254 Cory Volkman	Sr	Concordia	39.82m

**Flight 2 of 2 Finals**

1	305 Colin Moon	Fr	Concordia	40.10m
2	337 Pat Meuer	Sr	Edgewood	40.20m
3	248 Scott Rein	Jr	Concordia	40.86m
4	329 Ethan Anderson	Fr	Edgewood	42.26m
5	169 J.J. Santoyo	So	Aurora	42.30m
6	398 Arthur Weborg	Jr	Msoe	42.37m
7	340 Peter Schneider	So	Edgewood	46.32m
8	144 Eric Capshaw	Sr	Aurora	51.58m
9	204 Andrew Grzywina	Sr	Benedictine	52.07m
10	294 Vinny Greefkes	Sr	Concordia	52.49m



**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
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**Meet Program - Saturday**

**Event 21 Women 4x100 Meter Relay****Saturday 5/5/2012 - 12:00 PM****Conference: 50.62 5/7/2011****NAC Champ.: 50.62 5/7/2011**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Benedictine		53.94
	1) 175 Morgan Bartlett Fr	2) 180 Melissa Gregory Jr	
	3) 181 Dominique Joseph Fr	4) 183 Natalie Kocks Fr	
	5) 184 Megan Kunesh Sr	6) 186 Nicole Millard Fr	
3	Wisconsin Luther		51.89
	1) 421 Katie Horaitis Fr	2) 422 Zakkyya Jones Fr	
	3) 424 Taylor Remstad Fr	4) 425 Tori Remstad Fr	
	5) 430 Molly Watson Fr	6) 431 Amberly Weiglein Fr	
4	Concordia Chicag		51.24
	1) 219 Savanna Ashbaugh Fr	2) 220 Andrea Caldwell Fr	
	3) 221 Joshlynn Eaton So	4) 222 Kyla Farquhar Sr	
	5) 227 Cassie Irwin Jr	6) 232 Leah Sellers Fr	
	7) 234 Danyale Worsham So	8) 235 Lauren Zimmer So	
5	Aurora		51.34
	1) 117 Loretta Johnson Fr	2) 123 Lauren Miller Jr	
	3) 124 Caitlin Monigold So	4) 130 Ainsley Richards So	
	5) 131 Courtney Roberts So	6) 135 Kaylee Swearingen Fr	
6	Concordia Wiscon		53.07
	1) 265 Lauren Frisque Fr	2) 266 Alexandra Garcia So	
	3) 267 Becky Gifford Jr	4) 269 Jennifer Hamilton So	
	5) 271 Jessica Hennig So	6) 280 Kristin Sitte So	
7	Edgewood		NT
	1) 316 Katie Amelse Jr	2) 317 Cassandra Arnold So	
	3) 325 Kristina Santaga So	4) 320 Macalah Finstad Fr	
	5) 321 Marissa Freber Sr	6) 322 Denay Hering So	
	7) 327 Kat Sporie Jr		

**Event 22 Men 4x100 Meter Relay****Saturday 5/5/2012 - 12:00 PM****Conference: 42.21 3/23/2012****NAC Champ.: 42.32 5/2/2009**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Lakeland		45.61
	1) 350 Aaron Ash Jr	2) 351 Ryan Graves Jr	
	3) 352 Dylan Grimsrud Fr	4) 353 Yaphay Harvey Fr	
	5) 354 Patrick Johnson Fr	6) 355 James Parker So	
2	Concordia Chicag		44.83
	1) 240 Larry Mayne Sr	2) 242 Deandre McLaurin Fr	
	3) 244 Daniel Mueller So	4) 245 Jason Pomey Fr	
	5) 246 Justin Pomey So	6) 247 Jon Poppe Jr	
	7) 248 Scott Rein Jr	8) 253 Jamal Thomas So	
3	Benedictine		44.38
	1) 199 Noel Duckworth Jr	2) 201 Greg German Fr	
	3) 202 Minhaj Ghayur Jr	4) 210 Nicholas McCord Sr	
	5) 212 Robert Miller Jr	6) 215 Ryan Serafino Jr	
4	Concordia Wiscon		42.21
	1) 285 Troy Anderson Fr	2) 286 Jonny Balsman So	
	3) 301 Dylan Krivoshein Fr	4) 307 Alexander Pawlak Jr	
	5) 308 Sean Pawlak So	6) 310 Justin Rogers Sr	
5	Aurora		44.37
	1) 155 Alex Hoyle Jr	2) 156 T.J. Jackson So	
	3) 160 Landon Ketchum So	4) 165 Chris Moss So	
	5) 171 Matt Snyder Jr	6) 174 Mike Woodard Jr	
6	Edgewood		44.77
	1) 329 Ethan Anderson Fr	2) 332 Mitch DeVriendt Fr	
	3) 333 Brandon Griffith Fr	4) 334 Quinn Kaiser Fr	
	5) 335 Nicholas Lohr Fr	6) 337 Pat Meuer Sr	
	7) 340 Peter Schneider So	8) 341 Jordan Smith So	
7	Msoe		45.15
	1) 368 Mike Cosentino So	2) 379 Cody Johnson Fr	
	3) 381 Matt Keenen Fr	4) 384 Tim Lang Sr	
	5) 385 Ryan Moldenhauer Fr	6) 398 Arthur Weborg Jr	

**Event 15 Women 3000 Meter Steeplechase****Saturday 5/5/2012 - 12:10 PM****Conference: 11:42.54 4/14/2012 Alex Schmidt****NAC Champ.: 11:49.28 5/7/2011 Samantha Gries**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	231 Alex Schmidt	Jr	Concordia	11:42.54
2	361 Katelyn Herrmann	Jr	Msoe	11:44.24
3	112 Heidi Gantz	So	Aurora	12:24.14
4	401 Taylor Inghram	So	Rockford	14:17.66
5	116 Kaylee Howard	So	Aurora	14:21.00
6	188 Megan Ryan	So	Benedictine	NT
7	109 Ollie Crump	Fr	Aurora	NT

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
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**Meet Program - Saturday**

**Event 16 Men 3000 Meter Steeplechase****Saturday 5/5/2012 - 12:10 PM****Conference: 9:21.22 5/14/2010 Zak Lutz****NAC Champ.: 9:44.19 5/7/2011 Grant Mickesh**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	338 Grant Mickesh	Jr	Edgewood	9:26.00
2	300 Martin Hinze	So	Concordia	10:02.57
3	241 Ethan McBee	Jr	Concordia	10:09.27
4	378 Brian Janus	Fr	Msoe	10:17.97
5	146 Nick Cole	Fr	Aurora	10:28.26
6	205 Patrick Ives	So	Benedictine	10:35.29
7	217 Tyler Zachary	Sr	Benedictine	10:35.33
8	197 Timmy Bugajsky	Fr	Benedictine	10:36.47
9	243 Sal Montes	Jr	Concordia	10:40.22
10	393 Nik Strasinopohlas	Fr	Msoe	10:48.66
11	140 Douglas Belling Jr.	Fr	Aurora	11:07.25

**Event 18 Men 110 Meter Hurdles****Saturday 5/5/2012 - 12:45 PM****Conference: 14.87 3/23/2012 Alexander Pawlak****NAC Champ.: 15.04 5/7/2011 Kevin Diedrich**

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 2 Prelims**

2	201 Greg German	Fr	Benedictine	16.51
3	163 Juan Mercado	So	Aurora	16.59
4	294 Vinny Greefkes	Sr	Concordia	15.14
5	250 Josh Schultz	Fr	Concordia	15.84
6	384 Tim Lang	Sr	Msoe	16.83

**Heat 2 of 2 Prelims**

2	388 Aaron Rick	Fr	Msoe	17.72
3	154 Evan Hackbarth	Sr	Aurora	NT
4	307 Alexander Pawlak	Sr	Concordia	14.87
5	434 Nathan Boerneke	So	Wisconsin	16.40
6	367 Jonathon Anthony	Fr	Msoe	17.15

**Event 17 Women 100 Meter Hurdles****Saturday 5/5/2012 - 12:45 PM****Conference: 15.52 4/21/2012 Amanda Markham****NAC Champ.: 15.74 5/7/2011 Emily Dieringer**

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 2 Prelims**

2	184 Megan Kunesh	Sr	Benedictine	16.75
3	105 Erin Blackburn	Sr	Aurora	17.30
4	360 Emily Dieringer	Sr	Msoe	15.56
5	325 Kristina Santaga	So	Edgewood	16.64
6	267 Becky Gifford	Jr	Concordia	17.32
7	234 Danyale Worsham	So	Concordia	17.78

**Heat 2 of 2 Prelims**

2	366 Mollie Zuberbier	So	Msoe	19.34
3	135 Kaylee Swearingen	Fr	Aurora	16.92
4	423 Amanda Markham	Fr	Wisconsin	15.52
5	321 Marissa Freber	Sr	Edgewood	18.01
6	280 Kristin Sitte	So	Concordia	17.45

**Event 1 Women 100 Meter Dash****Saturday 5/5/2012 - 1:00 PM****Conference: 11.99 5/24/2008 Kimyenna Abron****NAC Champ.: 12.37 5/3/2008 Kimyenna Abron**

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 3 Prelims**

2	235 Lauren Zimmer	So	Concordia	13.65
3	431 Amberly Weiglein	Fr	Wisconsin	13.43
4	186 Nicole Millard	Fr	Benedictine	12.98
5	117 Loretta Johnson	Fr	Aurora	12.99
6	222 Kyla Farquhar	Sr	Concordia	13.48
7	317 Cassandra Arnold	So	Edgewood	13.68
8	278 Rachel Oelhafen	Fr	Concordia	15.87

**Heat 2 of 3 Prelims**

1	349 Veronica Lau	Fr	Lakeland	14.16
2	220 Andrea Caldwell	Fr	Concordia	13.61
3	227 Cassie Irwin	Jr	Concordia	13.32
4	422 Zakkyya Jones	Fr	Wisconsin	12.93
5	399 Dani Buttell	So	Rockford	13.07
6	266 Alexandra Garcia	So	Concordia	13.91
7	131 Courtney Roberts	So	Aurora	13.66
8	359 Kathryn Davis	Fr	Msoe	NT

**Heat 3 of 3 Prelims**

1	347 Vashia Gordon	Jr	Lakeland	14.05
2	269 Jennifer Hamilton	So	Concordia	13.59
3	123 Lauren Miller	Jr	Aurora	13.22
4	360 Emily Dieringer	Sr	Msoe	12.75
5	234 Danyale Worsham	So	Concordia	13.19
6	232 Leah Sellers	Fr	Concordia	13.58
7	316 Katie Amelse	Jr	Edgewood	13.49
8	421 Katie Horaitis	Fr	Wisconsin	15.11

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**Event 2 Men 100 Meter Dash****Saturday 5/5/2012 - 1:00 PM****Conference: 10.81 4/18/2009 Justin Rogers****NAC Champ.: 10.91 5/7/2011 Jordan Werner**

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 4 Prelims**

1	256 Trent Yancy	Fr	Concordia	12.33
2	329 Ethan Anderson	Fr	Edgewood	12.28
3	174 Mike Woodard	Jr	Aurora	11.75
4	310 Justin Rogers	Sr	Concordia	11.13
5	286 Jonny Balsman	So	Concordia	11.22
6	168 Bryce Quinn	Fr	Aurora	11.81
7	288 Ryan Billman	Fr	Concordia	12.29
8	334 Quinn Kaiser	Fr	Edgewood	NT

**Heat 2 of 4 Prelims**

1	199 Noel Duckworth	Jr	Benedictine	NT
2	237 Charles Gordon	Sr	Concordia	12.23
3	337 Pat Meuer	Sr	Edgewood	12.85
4	437 Mike Reeves	Fr	Wisconsin	11.13
5	156 T.J. Jackson	So	Aurora	11.26
6	311 Mark Savard	So	Concordia	12.07
7	355 James Parker	So	Lakeland	NT

**Heat 3 of 4 Prelims**

1	404 Jacob Arnold	Fr	Rockford	10.82
2	332 Mitch DeVriendt	Fr	Edgewood	12.20
3	350 Aaron Ash	Jr	Lakeland	11.66
4	236 Merrell Davis	Jr	Concordia	10.86
5	308 Sean Pawlak	So	Concordia	11.28
6	138 Michael Bajc	Fr	Aurora	12.11
7	152 Trey Gonzalez	Fr	Aurora	12.47

**Heat 4 of 4 Prelims**

1	289 Malcolm Bowers	Fr	Concordia	NT
2	303 Andy MacKenzie	So	Concordia	12.16
3	301 Dylan Krivoshein	Fr	Concordia	11.54
4	343 Justin Williams	Fr	Edgewood	NT
5	285 Troy Anderson	Fr	Concordia	11.51
6	242 Deandre McLaurin	Fr	Concordia	12.12
7	160 Landon Ketchum	So	Aurora	11.70

**Event 9 Women 1500 Meter Run****Saturday 5/5/2012 - 1:30 PM****Conference: 4:53.14 4/18/2009 Hannah Miller****NAC Champ.: 4:59.09 5/7/2011 Carrie Radel**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	129 Emily Probst	Fr	Aurora	5:34.74
2	179 Sydney French	So	Benedictine	5:36.31
3	108 Andrea Contreras	So	Aurora	5:38.42
4	102 Melissa Babos	So	Aurora	5:45.97
5	362 Kate Mauk	Fr	Msoe	5:52.04
6	103 Stephanie Bateman	Sr	Aurora	5:53.93
7	224 Aracelis Figueroa	Fr	Concordia	6:11.69

**Section 2 of 2 Finals**

1	427 Alyssa Schumacher	So	Wisconsin	4:55.79
2	231 Alex Schmidt	Jr	Concordia	5:00.19
3	324 Carrie Radel	Jr	Edgewood	5:03.94
4	228 Kayla Konow	Fr	Concordia	5:06.31
5	127 Brittany Paller	Sr	Aurora	5:07.96
6	416 Sarah Frelich	Fr	Wisconsin	5:08.71
7	284 Kelsey Wagner	So	Concordia	5:12.02
8	363 Holly Phelps	Jr	Msoe	5:19.58
9	276 Sarah Maynard	Fr	Concordia	5:23.03
10	328 Aryn Wellnitz	Fr	Edgewood	5:26.46
11	420 Lauren Holt	Fr	Wisconsin	5:28.64
12	115 Abby Hart	Fr	Aurora	5:31.75

**Event 10 Men 1500 Meter Run****Saturday 5/5/2012 - 1:30 PM****Conference: 3:54.21 5/14/2010 Matt Lindgren****NAC Champ.: 4:01.56 5/2/2009 Dominic Maio**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	439 Steve Van Alstine	Fr	Wisconsin	4:38.67
2	376 Keith Hamilton	So	Msoe	4:48.25
3	432 Jack Albert	Fr	Wisconsin	4:56.59
4	336 Sean Merrill	Fr	Edgewood	5:35.79
5	251 Christian Sorenson	So	Concordia	NT

**Section 2 of 2 Finals**

1	342 Josh Williams	So	Edgewood	4:03.06
2	344 Lucas Wolfe	So	Edgewood	4:08.93
3	170 Drew Schmitt	So	Aurora	4:09.63
4	345 Peter Zander	Sr	Edgewood	4:09.66
5	151 Gonzo Gonzalez	Fr	Aurora	4:09.71
6	433 Nick Biancuzzo	So	Wisconsin	4:09.92
7	374 Steve Grousnick	So	Msoe	4:10.60
8	208 David Martin	Fr	Benedictine	4:10.67
9	173 Mark Sulkin	Sr	Aurora	4:10.87
10	164 Brandon Miller	Fr	Aurora	4:22.60
11	157 Pete Jaros	Fr	Aurora	4:26.57
12	149 Mitch Fox	Fr	Aurora	4:27.65
13	331 Evan Boushon	So	Edgewood	4:28.18

**Event 5 Women 400 Meter Dash****Saturday 5/5/2012 - 2:00 PM****Conference: 58.68 5/7/2011 Corrin Koslowski****NAC Champ.: 58.68 5/7/2011 Corrin Koslowski**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

2	259 Jasmin Bowers	Fr	Concordia	1:14.43
3	348 Danielle Holzer	Fr	Lakeland	1:10.83
4	134 Tracy Swain	Jr	Aurora	1:09.90
5	137 Anya Vincenti	Fr	Aurora	1:10.13
6	104 Rocky Bentsen	Jr	Aurora	1:11.20
7	327 Kat Sporie	Jr	Edgewood	NT

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Saturday**

**Section 2 of 3 Finals...(Event 5 Women 400 Meter Dash)**

1	121 Ashley Mayer	So	Aurora	1:07.25
2	230 Allison Sapiro	Fr	Concordia	1:05.40
3	271 Jessica Hennig	So	Concordia	1:04.29
4	117 Loretta Johnson	Fr	Aurora	1:03.82
5	400 Barbara Duffy	So	Rockford	1:03.92
6	425 Tori Remstad	Fr	Wisconsin	1:05.08
7	430 Molly Watson	Fr	Wisconsin	1:06.95
8	111 Ariana Espino	Fr	Aurora	1:08.31

**Section 3 of 3 Finals**

1	183 Natalie Kocks	Fr	Benedictine	1:03.31
2	424 Taylor Remstad	Fr	Wisconsin	1:02.14
3	320 Macalah Finstad	Fr	Edgewood	1:01.54
4	325 Kristina Santaga	So	Edgewood	1:01.50
5	322 Denay Hering	So	Edgewood	1:01.53
6	428 Ellen Schwartz	So	Wisconsin	1:01.86
7	265 Lauren Frisque	Fr	Concordia	1:03.09
8	175 Morgan Bartlett	Fr	Benedictine	1:03.37

**Event 6 Men 400 Meter Dash****Saturday 5/5/2012 - 2:00 PM**

**Conference: 48.67 4/26/2012 Traqvis Turnquist**  
**NAC Champ.: 48.97 5/2/2009 Brian Seniuk**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

3	337 Pat Meuer	Sr	Edgewood	NT
4	239 Aaron Loveless	Fr	Concordia	57.14
5	381 Matt Keenen	Fr	Msoe	NT

**Section 2 of 3 Finals**

1	442 Paul Watson	Fr	Wisconsin	55.33
2	332 Mitch DeVriendt	Fr	Edgewood	53.47
3	165 Chris Moss	So	Aurora	53.13
4	212 Robert Miller	Jr	Benedictine	52.50
5	292 Michael Edwards	Jr	Concordia	52.80
6	246 Justin Pomey	So	Concordia	53.16
7	372 Dan Franke	Fr	Msoe	54.97
8	406 Ryan Mehren	Fr	Rockford	55.44

**Section 3 of 3 Finals**

1	333 Brandon Griffith	Fr	Edgewood	52.08
2	155 Alex Hoyle	Jr	Aurora	51.66
3	352 Dylan Grimsrud	Fr	Lakeland	51.56
4	438 Travis Turnquist	Fr	Wisconsin	48.67
5	335 Nicholas Lohr	Fr	Edgewood	49.73
6	341 Jordan Smith	So	Edgewood	51.64
7	252 Jamal Taylor	Fr	Concordia	51.77
8	245 Jason Pomey	Fr	Concordia	52.32

**Event 7 Women 800 Meter Run****Saturday 5/5/2012 - 2:45 PM****Conference: 2:21.30 4/26/2012 Denay Hering****NAC Champ.: 2:23.72 5/7/2011 Corrin Koslowski**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	193 Mary Kate Zayed	Fr	Benedictine	2:40.64
2	402 Lindsay Maas	Fr	Rockford	2:41.21
3	129 Emily Probst	Fr	Aurora	2:43.27
4	429 Chris Sosinski	So	Wisconsin	2:43.51
5	102 Melissa Babos	So	Aurora	2:44.87
6	101 Hannah Auch	Fr	Aurora	2:46.88
7	224 Aracelis Figueroa	Fr	Concordia	2:55.24
8	103 Stephanie Bateman	Sr	Aurora	2:58.09
9	326 Katie Schmidt	So	Edgewood	2:58.46
10	122 Arlette Millan	So	Aurora	2:58.65
11	365 Anete Zagare	Jr	Msoe	NT

**Section 2 of 2 Finals**

1	416 Sarah Frelich	Fr	Wisconsin	2:22.05
2	427 Alyssa Schumacher	So	Wisconsin	2:22.35
3	228 Kayla Konow	Fr	Concordia	2:27.24
4	127 Brittany Paller	Sr	Aurora	2:27.43
5	176 Michelle Busse	So	Benedictine	2:29.26
6	281 Caitlyn Stern	So	Concordia	2:33.68
7	318 Cara Brasted	Fr	Edgewood	2:37.25
8	115 Abby Hart	Fr	Aurora	2:38.50
9	328 Aryn Wellnitz	Fr	Edgewood	2:39.40

**Event 8 Men 800 Meter Run****Saturday 5/5/2012 - 2:45 PM****Conference: 1:55.01 5/16/2008 Dom Maio****NAC Champ.: 1:55.48 5/2/2009 Dom Maio**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	173 Mark Sulkin	Sr	Aurora	2:02.44
2	410 Jason Springman	Fr	Rockford	2:03.07
3	243 Sal Montes	Jr	Concordia	2:04.71
4	380 Milan Johnson	So	Msoe	2:04.73
5	371 Garret Faring	Fr	Msoe	2:06.79
6	407 Amour Muro	So	Rockford	2:08.24
7	331 Evan Boushon	So	Edgewood	2:10.56
8	336 Sean Merrill	Fr	Edgewood	2:28.87
9	249 Chris Root	Jr	Concordia	NT

**Section 2 of 2 Finals**

1	345 Peter Zander	Sr	Edgewood	1:55.78
2	433 Nick Biancuzzo	So	Wisconsin	1:56.90
3	215 Ryan Serafino	Jr	Benedictine	1:57.89
4	344 Lucas Wolfe	So	Edgewood	1:58.17
5	151 Gonzo Gonzalez	Fr	Aurora	1:58.67
6	352 Dylan Grimsrud	Fr	Lakeland	1:59.60
7	208 David Martin	Fr	Benedictine	1:59.64
8	387 Ben Peterson	So	Msoe	2:00.59
9	159 Kyle Kayzar	So	Aurora	2:01.13

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Saturday**

**Event 3 Women 200 Meter Dash****Saturday 5/5/2012 - 3:05 PM**

Conference: 24.79 4/5/2008 Kimyenna Abron

NAC Champ.: 25.38 5/3/2008 Kimyenna Abron

Lane	Name	Yr	School	Seed	Time
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**Section 1 of 5 Finals**

3	274 Emily Mauermann	Fr	Concordia		NT
4	221 Joshlynn Eaton	So	Concordia		NT
5	106 Kabree Braggs	Fr	Aurora		NT

**Section 2 of 5 Finals**

1	359 Kathryn Davis	Fr	Msoe		NT
2	259 Jasmin Bowers	Fr	Concordia		32.29
3	101 Hannah Auch	Fr	Aurora		31.10
4	349 Veronica Lau	Fr	Lakeland		29.92
5	137 Anya Vincenti	Fr	Aurora		30.62
6	421 Katie Horaitis	Fr	Wisconsin		31.62
7	278 Rachel Oelhafen	Fr	Concordia		33.20
8	316 Katie Amelse	Jr	Edgewood		NT

**Section 3 of 5 Finals**

1	348 Danielle Holzer	Fr	Lakeland		29.38
2	123 Lauren Miller	Jr	Aurora		28.77
3	399 Dani Buttel	So	Rockford		28.61
4	347 Vashia Gordon	Jr	Lakeland		28.29
5	269 Jennifer Hamilton	So	Concordia		28.44
6	131 Courtney Roberts	So	Aurora		28.67
7	430 Molly Watson	Fr	Wisconsin		29.19
8	111 Ariana Espino	Fr	Aurora		29.83

**Section 4 of 5 Finals**

1	219 Savanna Ashbaugh	Fr	Concordia		28.18
2	317 Cassandra Arnold	So	Edgewood		28.09
3	235 Lauren Zimmer	So	Concordia		28.00
4	265 Lauren Frisque	Fr	Concordia		27.72
5	431 Amberly Weiglein	Fr	Wisconsin		27.80
6	400 Barbara Duffy	So	Rockford		28.05
7	425 Tori Remstad	Fr	Wisconsin		28.11
8	232 Leah Sellers	Fr	Concordia		28.22

**Section 5 of 5 Finals**

1	186 Nicole Millard	Fr	Benedictine		27.50
2	325 Kristina Santaga	So	Edgewood		27.32
3	422 Zakkiyya Jones	Fr	Wisconsin		26.85
4	360 Emily Dieringer	Sr	Msoe		26.36
5	117 Loretta Johnson	Fr	Aurora		26.65
6	234 Danyale Worsham	So	Concordia		26.95
7	320 Macalah Finstad	Fr	Edgewood		27.34
8	227 Cassie Irwin	Jr	Concordia		27.67

**Event 4 Men 200 Meter Dash****Saturday 5/5/2012 - 3:05 PM**

Conference: 21.64 5/1/2012 Jordan Werner

NAC Champ.: 21.97 5/7/2011 Jordan Werner

Lane	Name	Yr	School	Seed	Time
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**Section 1 of 6 Finals**

3	381 Matt Keenen	Fr	Msoe		NT
4	377 Zach Ipema	Fr	Msoe		NT
5	211 David Mickiewicz	Sr	Benedictine		NT

**Section 2 of 6 Finals**

1	394 Erik Terronez	So	Msoe		NT
2	167 Bo Price	Jr	Aurora		NT
3	337 Pat Meuer	Sr	Edgewood		26.14
4	148 DeWayne Dotson	Fr	Aurora		25.54
5	329 Ethan Anderson	Fr	Edgewood		25.77
6	199 Noel Duckworth	Jr	Benedictine		27.23
7	395 Steve Toll	Sr	Msoe		NT

**Section 3 of 6 Finals**

1	152 Trey Gonzalez	Fr	Aurora		25.28
2	311 Mark Savard	So	Concordia		24.93
3	332 Mitch DeVriendt	Fr	Edgewood		24.81
4	352 Dylan Grimsrud	Fr	Lakeland		24.72
5	355 James Parker	So	Lakeland		24.79
6	244 Daniel Mueller	So	Concordia		24.83
7	303 Andy MacKenzie	So	Concordia		25.02
8	334 Quinn Kaiser	Fr	Edgewood		25.40

**Section 4 of 6 Finals**

1	343 Justin Williams	Fr	Edgewood		24.55
2	242 Deandre McLaurin	Fr	Concordia		24.46
3	442 Paul Watson	Fr	Wisconsin		24.44
4	301 Dylan Krivoshein	Fr	Concordia		23.86
5	350 Aaron Ash	Jr	Lakeland		24.33
6	353 Yaphay Harvey	Fr	Lakeland		24.44
7	138 Michael Bajc	Fr	Aurora		24.48
8	237 Charles Gordon	Sr	Concordia		24.69

**Section 5 of 6 Finals**

1	171 Matt Snyder	Jr	Aurora		23.67
2	155 Alex Hoyle	Jr	Aurora		23.38
3	437 Mike Reeves	Fr	Wisconsin		23.29
4	286 Jonny Balsman	So	Concordia		22.89
5	165 Chris Moss	So	Aurora		23.06
6	292 Michael Edwards	Jr	Concordia		23.33
7	139 Paul Beeler	So	Aurora		23.40
8	174 Mike Woodard	Jr	Aurora		23.74

**Section 6 of 6 Finals**

1	210 Nicholas McCord	Sr	Benedictine		22.78
2	404 Jacob Arnold	Fr	Rockford		22.66
3	438 Travis Turnquist	Fr	Wisconsin		22.23
4	236 Merrell Davis	Jr	Concordia		21.67
5	310 Justin Rogers	Sr	Concordia		22.21
6	308 Sean Pawlak	So	Concordia		22.47
7	335 Nicholas Lohr	Fr	Edgewood		22.74
8	156 T.J. Jackson	So	Aurora		22.82



**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Saturday**

**Event 19 Women 400 Meter Hurdles****Saturday 5/5/2012 - 3:35 PM**

Conference: 1:04.55 5/9/2008 Rae Tagai

NAC Champ.: 1:06.25 5/3/2008 Rae Tagai

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 2 Finals</b>				
2	189 Ashley Shall	Jr	Benedictine	NT
3	133 Kimberly Stickle	Fr	Aurora	1:24.47
4	321 Marissa Freber	Sr	Edgewood	1:17.71
5	135 Kaylee Swearingen	Fr	Aurora	1:23.77
6	192 Sadara Taylor	Sr	Benedictine	1:24.71
7	414 Jenny Ebeling	Fr	Wisconsin	NT
<b>Section 2 of 2 Finals</b>				
1	225 Sarah Genot	So	Concordia	1:15.02
2	280 Kristin Sitte	So	Concordia	1:11.47
3	271 Jessica Hennig	So	Concordia	1:09.90
4	325 Kristina Santana	So	Edgewood	1:05.73
5	423 Amanda Markham	Fr	Wisconsin	1:07.59
6	184 Megan Kunesch	Sr	Benedictine	1:10.57
7	428 Ellen Schwartz	So	Wisconsin	1:11.69
8	105 Erin Blackburn	Sr	Aurora	1:16.95

**Event 20 Men 400 Meter Hurdles****Saturday 5/5/2012 - 3:35 PM**

Conference: 54.32 3/31/2012 Alexander Pawlak

NAC Champ.: 55.56 5/3/2008 Dylon Roff

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 3 Finals</b>				
3	202 Minhaj Ghayur	Jr	Benedictine	NT
4	406 Ryan Mehren	Fr	Rockford	1:05.20
5	388 Aaron Rick	Fr	Msoe	1:09.15
6	436 Tommy Jones	So	Wisconsin	NT
<b>Section 2 of 3 Finals</b>				
1	255 Jerry Williams	Fr	Concordia	1:04.56
2	386 Tom Monteverde	Sr	Msoe	1:03.04
3	163 Juan Mercado	So	Aurora	1:00.90
4	166 Omar Ortiz	Fr	Aurora	1:00.71
5	340 Peter Schneider	So	Edgewood	1:00.88
6	409 Carl Rapp	Fr	Rockford	1:01.67
7	296 Timothy Grimm	Fr	Concordia	1:03.39
8	367 Jonathon Anthony	Fr	Msoe	1:05.13
<b>Section 3 of 3 Finals</b>				
1	201 Greg German	Fr	Benedictine	1:00.37
2	248 Scott Rein	Jr	Concordia	59.93
3	434 Nathan Boerneke	So	Wisconsin	59.43
4	307 Alexander Pawlak	Sr	Concordia	54.32
5	162 Cody McSorley	Fr	Aurora	58.66
6	161 Robert Lopez	Sr	Aurora	59.76
7	373 James Franke	Sr	Msoe	1:00.26
8	384 Tim Lang	Sr	Msoe	1:00.52

**Event 11 Women 5000 Meter Run****Saturday 5/5/2012 - 3:50 PM**

Conference: 18:06.13 4/8/2011 Katie Schommer

NAC Champ.: 18:08.70 5/7/2011 Samantha Gries

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 2 Finals</b>				
1	279 Jade Senger	Sr	Concordia	21:27.47
2	223 Nicole Fearrin	So	Concordia	22:36.32
3	346 Christine Deitte	Jr	Lakeland	22:52.14
4	324 Carrie Radel	Jr	Edgewood	NT
5	323 Annie Propson	Sr	Edgewood	NT
6	110 Briana Deckard	So	Aurora	NT
7	275 Brittany Maynard	So	Concordia	NT
8	283 Sarah Volkert	Fr	Concordia	NT
9	403 Stephanie Tassone	Fr	Rockford	NT
10	319 Morgan Dodson	Sr	Edgewood	NT
<b>Section 2 of 2 Finals</b>				
1	231 Alex Schmidt	Jr	Concordia	18:57.26
2	277 Samantha Nelson	Fr	Concordia	19:29.76
3	128 Anna Perkowski	So	Aurora	19:47.77
4	361 Katelyn Herrmann	Jr	Msoe	19:48.73
5	112 Heidi Gantz	So	Aurora	19:56.13
6	263 Bethany Doerr	Jr	Concordia	19:56.29
7	191 Danielle Smith	Sr	Benedictine	19:56.56
8	363 Holly Phelps	Jr	Msoe	20:00.81
9	177 Julie Carroll	Fr	Benedictine	20:26.12
10	109 Ollie Crump	Fr	Aurora	20:31.68
11	281 Caitlyn Stern	So	Concordia	20:33.81
12	284 Kelsey Wagner	So	Concordia	20:38.25
13	119 Taylor Magdich	Fr	Aurora	20:58.70
14	276 Sarah Maynard	Fr	Concordia	21:15.15
15	108 Andrea Contreras	So	Aurora	21:16.60

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Saturday**

**Event 12 Men 5000 Meter Run****Saturday 5/5/2012 - 3:50 PM****Conference: 14:35.26 4/4/2009 Micah Lorenzen****NAC Champ.: 15:07.11 5/2/2009 Micah Lorenzen**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	146 Nick Cole	Fr	Aurora	16:30.60
2	339 Jason Revels	Fr	Edgewood	16:32.69
3	150 Morgan Goetschel	Jr	Aurora	16:33.48
4	304 Robert Meilbeck	Fr	Concordia	16:34.21
5	435 Isaac Hill	So	Wisconsin	16:35.55
6	194 Jack Adams	Fr	Benedictine	16:47.29
7	405 Tim Lydy	Fr	Rockford	16:57.50
8	299 Thomas Helgren	Jr	Concordia	17:04.53
9	440 Sam Wallace	Fr	Wisconsin	17:24.45
10	140 Douglas Belling Jr.	Fr	Aurora	17:26.67
11	157 Pete Jaros	Fr	Aurora	17:33.69
12	164 Brandon Miller	Fr	Aurora	17:38.64
13	306 Jon Oldenburg	Sr	Concordia	17:42.70
14	313 Joshua Tillmann	Fr	Concordia	18:13.10
15	206 Evan Jenkins	Fr	Benedictine	18:18.49
16	411 Eric Woelbling	Jr	Rockford	18:20.12
17	196 Thomas Brown	So	Benedictine	18:40.67
18	209 Mark Martinez	Fr	Benedictine	18:55.33
19	207 Matt Lemming	So	Benedictine	NT
20	351 Ryan Graves	Jr	Lakeland	NT

**Section 2 of 2 Finals**

1	342 Josh Williams	So	Edgewood	15:01.22
2	170 Drew Schmitt	So	Aurora	15:32.99
3	295 Kevin Gries	Jr	Concordia	15:50.14
4	330 Connor Boushon	Jr	Edgewood	15:52.83
5	300 Martin Hinze	So	Concordia	15:57.65
6	344 Lucas Wolfe	So	Edgewood	16:03.88
7	338 Grant Mickesh	Jr	Edgewood	16:05.82
8	383 Trevor Koziczkowski	So	Msoe	16:07.74
9	391 Jake Schneider	Jr	Msoe	16:14.08
10	297 Jordan Guenther	So	Concordia	16:20.18
11	241 Ethan McBee	Jr	Concordia	16:20.71
12	290 Andrew Coop	Fr	Concordia	16:20.76
13	203 Danny Graham	Sr	Benedictine	16:22.28
14	309 Ryan Perry	Jr	Concordia	16:22.40
15	251 Christian Sorenson	So	Concordia	16:25.63

**Event 23 Women 4x400 Meter Relay****Saturday 5/5/2012 - 5:00 PM****Conference: 3:27.55 3/27/2010****NAC Champ.: 4:08.97 5/7/2011**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

2	Aurora		4:29.75
1) 111	Ariana Espino Fr	2) 117	Loretta Johnson Fr
3) 121	Ashley Mayer So	4) 123	Lauren Miller Jr
5) 124	Caitlin Monigold So	6) 127	Brittany Paller Sr
7) 131	Courtney Roberts So	8) 134	Tracy Swain Jr
3	Edgewood		4:20.73
1) 317	Cassandra Arnold So	2) 320	Macalah Finstad Fr
3) 321	Marissa Freber Sr	4) 322	Denay Hering So
5) 324	Carrie Radel Jr	6) 325	Kristina Santaga So
7) 327	Kat Sporie Jr	8) 328	Aryn Wellnitz Fr
4	Wisconsin Luther		4:10.61
1) 419	Hailey Herriges Sr	2) 423	Amanda Markham Fr
3) 424	Taylor Remstad Fr	4) 425	Tori Remstad Fr
5) 427	Alyssa Schumacher So	6) 428	Ellen Schwartz So
5	Concordia Wiscon		4:19.62
1) 265	Lauren Frisque Fr	2) 266	Alexandra Garcia So
3) 271	Jessica Hennig So	4) 274	Emily Mauermann Fr
5) 277	Samantha Nelson Fr	6) 280	Kristin Sitte So
7) 281	Caitlyn Stern So		
6	Concordia Chicag		4:27.32
1) 219	Savanna Ashbaugh Fr	2) 220	Andrea Caldwell Fr
3) 221	Joshlynn Eaton So	4) 227	Cassie Irwin Jr
5) 230	Allison Sapiro Fr	6) 232	Leah Sellers Fr
7) 234	Danyale Worsham So	8) 235	Lauren Zimmer So
7	Benedictine		4:30.09
1) 175	Morgan Bartlett Fr	2) 176	Michelle Busse So
3) 183	Natalie Kocks Fr	4) 184	Megan Kunesh Sr
5) 189	Ashley Shall Jr	6) 192	Sadara Taylor Sr
7) 193	Mary Kate Zayed Fr		

**Event 24 Men 4x400 Meter Relay****Saturday 5/5/2012 - 5:00 PM****Conference: 3:22.02 4/9/2009****NAC Champ.: 3:20.49 5/11/2011**

Lane	Team	Relay	Seed Time
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**Section 1 of 2 Finals**

4	Lakeland		3:47.37
1) 350	Aaron Ash Jr	2) 351	Ryan Graves Jr
3) 352	Dylan Grimsrud Fr	4) 353	Yaphay Harvey Fr
5) 354	Patrick Johnson Fr	6) 355	James Parker So
5	Concordia Wiscon		NT
1) 286	Jonny Balsman So	2) 292	Michael Edwards Jr
3) 301	Dylan Krivoshein Fr	4) 307	Alexander Pawlak Sr
5) 308	Sean Pawlak So	6) 310	Justin Rogers Sr

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Saturday**

**Section 2 of 2 Finals...(Event 24 Men 4x400 Meter Relay)**

1	Rockford	3:37.22
	1) 404 Jacob Arnold Fr	2) 406 Ryan Mehren Fr
	3) 407 Amour Muro So	4) 408 Luis Ortiz Fr
	5) 409 Carl Rapp Fr	6) 410 Jason Springman Fr
2	Wisconsin Luther	3:34.05
	1) 433 Nick Biancuzzo So	2) 434 Nathan Boerneke So
	3) 436 Tommy Jones So	4) 438 Travis Turnquist Fr
	5) 441 Malachi Wallander So	6) 442 Paul Watson Fr
3	Edgewood	3:30.34
	1) 331 Evan Boushon So	2) 332 Mitch DeVriendt Fr
	3) 333 Brandon Griffith Fr	4) 335 Nicholas Lohr Fr
	5) 340 Peter Schneider So	6) 341 Jordan Smith So
	7) 344 Lucas Wolfe So	8) 345 Peter Zander Sr
4	Concordia Chicag	3:28.81
	1) 243 Sal Montes Jr	2) 245 Jason Pomey Fr
	3) 246 Justin Pomey So	4) 247 Jon Poppe Jr
	5) 248 Scott Rein Jr	6) 250 Josh Schultz Fr
	7) 252 Jamal Taylor Fr	8) 255 Jerry Williams Fr
5	Aurora	3:29.67
	1) 151 Gonzo Gonzalez Fr	2) 155 Alex Hoyle Jr
	3) 156 T.J. Jackson So	4) 159 Kyle Kayzar So
	5) 161 Robert Lopez Sr	6) 162 Cody McSorley Fr
	7) 165 Chris Moss So	
6	Benedictine	3:31.23
	1) 201 Greg German Fr	2) 202 Minhaj Ghayur Jr
	3) 208 David Martin Fr	4) 210 Nicholas McCord Sr
	5) 212 Robert Miller Jr	6) 215 Ryan Serafino Jr
7	Msoe	3:34.22
	1) 372 Dan Franke Fr	2) 373 James Franke Sr
	3) 374 Steve Grousnick So	4) 378 Brian Janus Fr
	5) 386 Tom Monteverde Sr	6) 387 Ben Peterson So

**Event 25 Women Long Jump****Saturday 5/5/2012 - 11:00 AM**Conference: 5.63m 4/28/2007 **Janeen Corgin**NAC Champ.: 5.33m 5/7/2011 **Cait Hartman**

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	123 Lauren Miller	Jr	Aurora		ND
2	366 Mollie Zuberbier	So	Msoe		ND
3	266 Alexandra Garcia	So	Concordia		ND
4	365 Anete Zagare	Jr	Msoe	4.14m	
5	426 Cecilee Rodenkirch	Jr	Wisconsin	4.16m	
6	347 Vashia Gordon	Jr	Lakeland	4.21m	
7	131 Courtney Roberts	So	Aurora	4.23m	
8	180 Melissa Gregory	Jr	Benedictine	4.29m	
9	134 Tracy Swain	Jr	Aurora	4.43m	
10	423 Amanda Markham	Fr	Wisconsin	4.46m	
11	419 Hailey Herriges	Sr	Wisconsin	4.51m	

**Flight 2 of 2 Finals**

1	124 Caitlin Monigold	So	Aurora	4.53m
2	219 Savannah Ashbaugh	Fr	Concordia	4.57m
3	412 Amanda Bregger	Fr	Wisconsin	4.67m
4	267 Becky Gifford	Jr	Concordia	4.72m
5	222 Kyla Farquhar	Sr	Concordia	4.84m
6	422 Zakkiiya Jones	Fr	Wisconsin	4.88m
7	220 Andrea Caldwell	Fr	Concordia	4.89m
8	399 Dani Buttell	So	Rockford	4.99m
9	325 Kristina Santaga	So	Edgewood	5.02m
10	130 Ainsley Richards	So	Aurora	5.05m
11	221 Joshlynn Eaton	So	Concordia	5.10m

**Event 26 Men Long Jump****Saturday 5/5/2012 - 11:00 AM**Conference: 7.42m 4/19/2011 **Merrell Davis**NAC Champ.: 7.04m 5/2/2009 **Dominique Johnson**

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	154 Evan Hackbarth	Sr	Aurora		ND
2	310 Justin Rogers	Sr	Concordia		ND
3	147 Ahmad DeOlivieria	So	Aurora		ND
4	256 Trent Yancy	Fr	Concordia		ND
5	355 James Parker	So	Lakeland	4.96m	
6	311 Mark Savard	So	Concordia	5.10m	
7	354 Patrick Johnson	Fr	Lakeland	5.28m	
8	174 Mike Woodard	Jr	Aurora	5.33m	
9	377 Zach Ipema	Fr	Msoe	5.63m	
10	160 Landon Ketchum	So	Aurora	5.65m	
11	167 Bo Price	Jr	Aurora	5.66m	
12	334 Quinn Kaiser	Fr	Edgewood	5.71m	
13	288 Ryan Billman	Fr	Concordia	5.75m	

**Flight 2 of 2 Finals**

1	148 DeWayne Dotson	Fr	Aurora	5.79m
2	385 Ryan Moldenhauer	Fr	Msoe	5.87m
3	240 Larry Mayne	Sr	Concordia	6.10m
4	139 Paul Beeler	So	Aurora	6.31m
5	238 Jacob Kreutzer	Sr	Concordia	6.34m
6	285 Troy Anderson	Fr	Concordia	6.35m
7	289 Malcolm Bowers	Fr	Concordia	6.36m
8	398 Arthur Weborg	Jr	Msoe	6.47m
9	341 Jordan Smith	So	Edgewood	6.54m
10	210 Nicholas McCord	Sr	Benedictine	6.58m
11	253 Jamal Thomas	So	Concordia	7.05m
12	236 Merrell Davis	Jr	Concordia	7.42m

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Saturday**

**Event 29 Women Shot Put****Saturday 5/5/2012 - 11:00 AM****Conference: 12.95m 5/16/2008 Elissa Decker****NAC Champ.: 12.35m 5/2/2009 Elissa Decker**

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	268 Courtney Gilge	Fr	Concordia		6.85m
2	270 Mary Heinz	Fr	Concordia		7.39m
3	113 Kaiti Haas	Fr	Aurora		7.71m
4	118 Kylie Lowe	So	Aurora		7.90m
5	414 Jenny Ebeling	Fr	Wisconsin		7.98m
6	413 Jasmine Crawford	Fr	Wisconsin		8.29m
7	229 Cheryl Robaczewski	Jr	Concordia		8.95m
8	190 Kayleigh Skaggs	So	Benedictine		8.96m
9	364 Marly Trier	Fr	Msoe		9.22m
10	257 Holly Beattie	Jr	Concordia		9.35m

**Flight 2 of 2 Finals**

1	136 Priscilla Thermidor	Jr	Aurora		9.41m
2	219 Savanna Ashbaugh	Fr	Concordia		9.66m
3	114 Shandi Hammer	So	Aurora		9.79m
4	178 Shana Cook	So	Benedictine		10.28m
5	125 Sarah Murphy	Fr	Aurora		10.56m
6	272 Andrea Kassees	So	Concordia		10.58m
7	126 Samantha Owens	So	Aurora		10.78m
8	267 Becky Gifford	Jr	Concordia		10.83m
9	233 Kamile Udrenaite	Fr	Concordia		11.10m
10	218 Amanda Allen	Jr	Concordia		11.67m

**Event 30 Men Shot Put****Saturday 5/5/2012 - 11:00 AM****Conference: 16.63m 4/17/2010 Adrian Kibiersza****NAC Champ.: 15.92m 5/2/2009 Adrian Kibiersza**

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	357 Tim Van Doorn	Fr	Lakeland		8.96m
2	356 Aaron Sherry	Fr	Lakeland		9.40m
3	390 Joshua Ruchlow	So	Msoe		9.66m
4	408 Luis Ortiz	Fr	Rockford		10.36m
5	138 Michael Bajc	Fr	Aurora		10.42m
6	158 Choctaw Johnson	Jr	Aurora		10.63m
7	358 Dan Zea	Fr	Lakeland		10.65m
8	375 Chris Gust	Fr	Msoe		10.93m
9	315 Kenneth Zahner	Fr	Concordia		10.98m
10	314 Jordan Watson	Fr	Concordia		11.18m

**Flight 2 of 2 Finals**

1	312 William Sommer	Fr	Concordia		11.70m
2	293 Andrew Faber	Fr	Concordia		11.77m
3	141 Adam Blake	Fr	Aurora		11.90m
4	254 Cory Volkman	Sr	Concordia		12.64m
5	370 Patrick Dubois	Jr	Msoe		13.02m
6	153 Zeus Gonzalez	Sr	Aurora		13.07m
7	143 Zach Burke	So	Aurora		13.17m
8	213 Tyler Monahan	So	Benedictine		13.42m
9	198 Adam Chocola	Jr	Benedictine		13.50m
10	145 Petey Claus	So	Aurora		14.08m
11	144 Eric Capshaw	Sr	Aurora		15.17m

**Event 31 Women Discus Throw****Saturday 5/5/2012 - 11:00 AM****Conference: 43.70m 4/29/2011 Vanessa mensie****NAC Champ.: 40.38m 5/7/2011 Vanessa Mensie**

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	118 Kylie Lowe	So	Aurora		16.94m
2	268 Courtney Gilge	Fr	Concordia		18.11m
3	413 Jasmine Crawford	Fr	Wisconsin		22.36m
4	264 Alexandra Ezell	Fr	Concordia		24.23m
5	257 Holly Beattie	Jr	Concordia		24.95m
6	114 Shandi Hammer	So	Aurora		25.41m
7	270 Mary Heinz	Fr	Concordia		25.84m
8	258 Jacqueline Beyer	Fr	Concordia		25.99m
9	113 Kaiti Haas	Fr	Aurora		26.00m
10	125 Sarah Murphy	Fr	Aurora		26.00m

**Flight 2 of 2 Finals**

1	190 Kayleigh Skaggs	So	Benedictine		27.83m
2	126 Samantha Owens	So	Aurora		29.45m
3	132 Rebecca Rod	So	Aurora		32.05m
4	178 Shana Cook	So	Benedictine		32.18m
5	364 Marly Trier	Fr	Msoe		32.91m
6	233 Kamile Udrenaite	Fr	Concordia		33.19m
7	229 Cheryl Robaczewski	Jr	Concordia		33.22m
8	262 Katie Dickes	Fr	Concordia		33.48m
9	136 Priscilla Thermidor	Jr	Aurora		35.75m
10	272 Andrea Kassees	So	Concordia		36.05m
11	218 Amanda Allen	Jr	Concordia		38.45m

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Saturday**

**Event 32 Men Discus Throw****Saturday 5/5/2012 - 11:00 AM**

Conference: 51.91m 5/15/2010 Adrian Kibiersza

NAC Champ.: 47.75m 5/2/2009 Adrian Kibiersza

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	314 Jordan Watson	Fr	Concordia		ND
2	357 Tim Van Doorn	Fr	Lakeland		20.71m
3	356 Aaron Sherry	Fr	Lakeland		25.16m
4	312 William Sommer	Fr	Concordia		27.19m
5	291 Burke Dupuis	Fr	Concordia		29.95m
6	390 Joshua Ruchlow	So	Msoe		30.00m
7	141 Adam Blake	Fr	Aurora		30.09m
8	358 Dan Zea	Fr	Lakeland		30.37m
9	152 Trey Gonzalez	Fr	Aurora		30.55m
10	315 Kenneth Zahner	Fr	Concordia		30.73m
11	158 Choctaw Johnson	Jr	Aurora		31.93m

**Flight 2 of 2 Finals**

1	138 Michael Bajc	Fr	Aurora		34.28m
2	145 Petey Claus	So	Aurora		34.75m
3	254 Cory Volkman	Sr	Concordia		34.86m
4	293 Andrew Faber	Fr	Concordia		34.89m
5	287 Joel Behl	Jr	Concordia		36.22m
6	370 Patrick Dubois	Jr	Msoe		37.48m
7	143 Zach Burke	So	Aurora		39.30m
8	153 Zeus Gonzalez	Sr	Aurora		39.47m
9	204 Andrew Grzywina	Sr	Benedictine		39.56m
10	144 Eric Capshaw	Sr	Aurora		41.95m
11	198 Adam Chocola	Jr	Benedictine		42.20m
12	213 Tyler Monahan	So	Benedictine		43.10m

**Event 37 Women High Jump****Saturday 5/5/2012 - 11:00 AM**

Conference: 1.53m 4/29/2012 Vashia Gordon

NAC Champ.: 1.50m 5/3/2008 Heather Delany

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	274 Emily Mauermann	Fr	Concordia		NH
2	220 Andrea Caldwell	Fr	Concordia		NH
3	185 Clare Lopez-Kaley	Sr	Benedictine		1.25m
4	106 Kabree Braggs	Fr	Aurora		1.33m
5	328 Aryn Wellnitz	Fr	Edgewood		1.38m
6	318 Cara Brasted	Fr	Edgewood		1.40m
7	184 Megan Kunesh	Sr	Benedictine		1.42m
8	426 Cecilee Rodenkirch	Jr	Wisconsin		1.43m
9	366 Mollie Zuberbier	So	Msoe		1.43m
10	181 Dominique Joseph	Fr	Benedictine		1.43m
11	221 Joshlynn Eaton	So	Concordia		1.43m
12	132 Rebecca Rod	So	Aurora		1.43m
13	123 Lauren Miller	Jr	Aurora		1.47m
14	419 Hailey Herriges	Sr	Wisconsin		1.48m
15	104 Rocky Bentsen	Jr	Aurora		1.48m
16	347 Vashia Gordon	Jr	Lakeland		1.53m

**Event 38 Men High Jump****Saturday 5/5/2012 - 11:00 AM**

Conference: 1.96m 4/6/2012 Billy Sipek

NAC Champ.: 1.93m 5/3/2008 Julius Higgs

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	368 Mike Cosentino	So	Msoe		NH
2	298 Aaron Hauser	So	Concordia		NH
3	154 Evan Hackbarth	Sr	Aurora		NH
4	239 Aaron Loveless	Fr	Concordia		1.56m
5	294 Vinny Greefkes	Sr	Concordia		1.72m
6	289 Malcolm Bowers	Fr	Concordia		1.73m
7	382 Joe Klimowicz	Sr	Msoe		1.75m
8	163 Juan Mercado	So	Aurora		1.76m
9	214 Brandon Ringler	Fr	Benedictine		1.81m
10	343 Justin Williams	Fr	Edgewood		1.83m
11	250 Josh Schultz	Fr	Concordia		1.88m
12	396 Nate Verdun	Fr	Msoe		1.95m
13	216 Billy Sipek	Fr	Benedictine		1.96m

**Event 39 Women Pole Vault****Saturday 5/5/2012 - 11:00 AM**

Conference: 3.30m 4/19/2012 Farrah Brown

NAC Champ.: 3.05m 5/8/2010 Emily Dieringer

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	182 Hanna Kammerer	Fr	Benedictine		NH
2	120 Kristin Martin	Jr	Aurora		1.83m
3	105 Erin Blackburn	Sr	Aurora		2.13m
4	227 Cassie Irwin	Jr	Concordia		2.28m
5	133 Kimberly Stickley	Fr	Aurora		2.28m
6	280 Kristin Sitte	So	Concordia		2.28m
7	417 Brittany Hablewitz	Fr	Wisconsin		2.43m
8	135 Kaylee Swearingen	Fr	Aurora		2.58m
9	271 Jessica Hennig	So	Concordia		2.58m
10	261 Courtney Crouse	Sr	Concordia		2.73m
11	348 Danielle Holzer	Fr	Lakeland		2.75m
12	426 Cecilee Rodenkirch	Jr	Wisconsin		2.75m
13	360 Emily Dieringer	Sr	Msoe		3.05m
14	412 Amanda Bregger	Fr	Wisconsin		3.05m
15	260 Farrah Brown	Fr	Concordia		3.33m

**2012 NAC Outdoor Championships - 5/4/2012 to 5/5/2012**  
**Concordia University Chicago**  
**Meet Program - Saturday**

**Event 40 Men Pole Vault****Saturday 5/5/2012 - 11:00 AM**

Conference: 4.43m 3/24/2012 Matt Waech

NAC Champ.: 4.40m 5/8/2010 Todd Krupa

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	154 Evan Hackbarth	Sr	Aurora		NH
2	394 Erik Terronez	So	Msoe		NH
3	389 Jerome Robertson	Jr	Msoe		NH
4	441 Malachi Wallander	So	Wisconsin		3.38m
5	305 Colin Moon	Fr	Concordia		3.50m
6	244 Daniel Mueller	So	Concordia		3.70m
7	247 Jon Poppe	Jr	Concordia		3.75m
8	302 Joshua Lehr	Fr	Concordia		3.75m
9	168 Bryce Quinn	Fr	Aurora		3.80m
10	296 Timothy Grimm	Fr	Concordia		3.80m
11	195 Michael Addison	So	Benedictine		4.00m
12	369 Eric Doubet	Sr	Msoe		4.00m
13	368 Mike Cosentino	So	Msoe		4.11m
14	397 Matt Waech	So	Msoe		4.43m