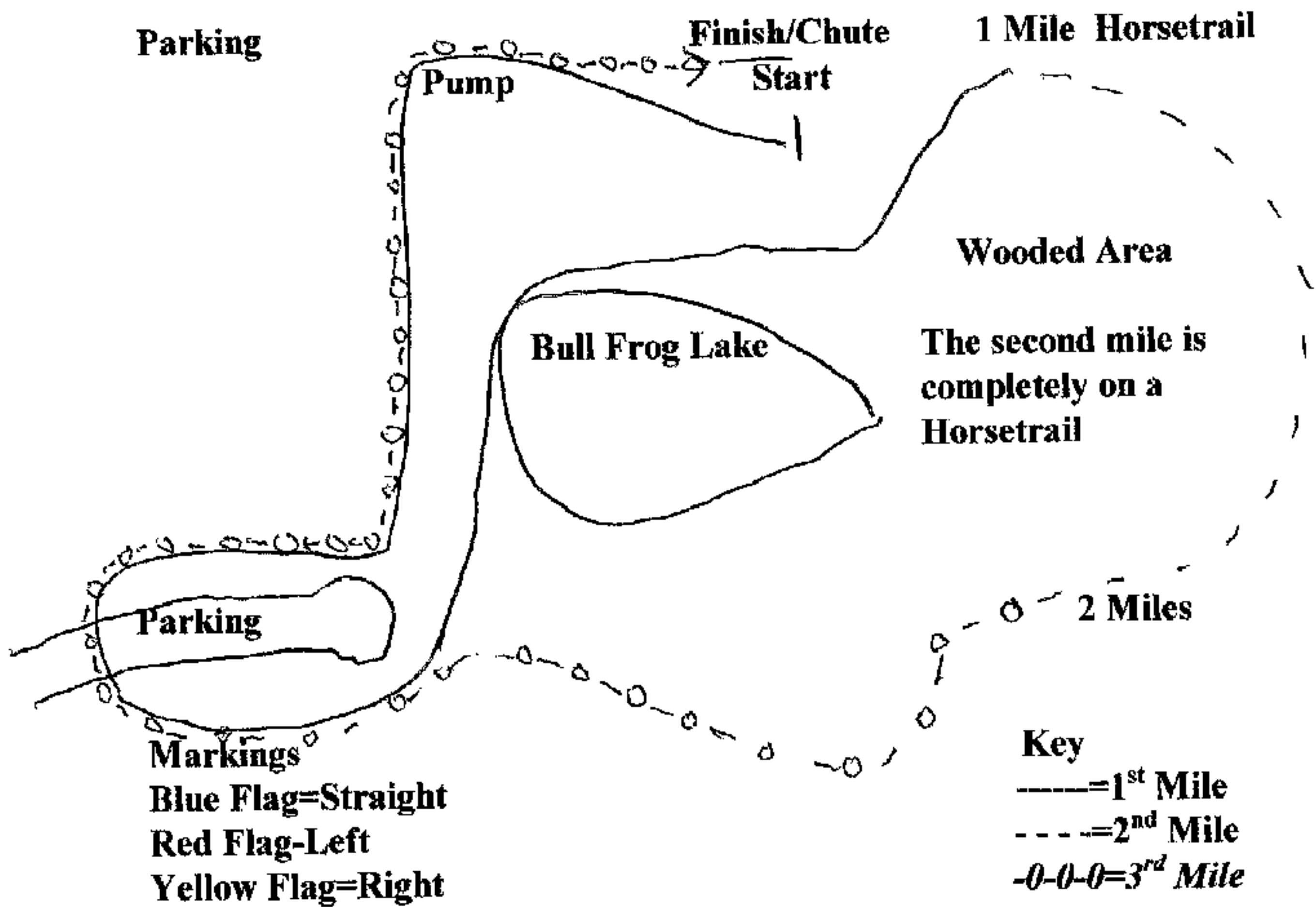


**ARGO CROSS COUNTRY
BOYS/GIRLS VARSITY COURSE-3.0 MILES**

COURSE RECORDS

BOYS 3.0 MILES-Lenny Sitko(Notre Dame-Niles)-1986-15:00

GIRLS 3.0 MILES-NEW COURSE IN 2001

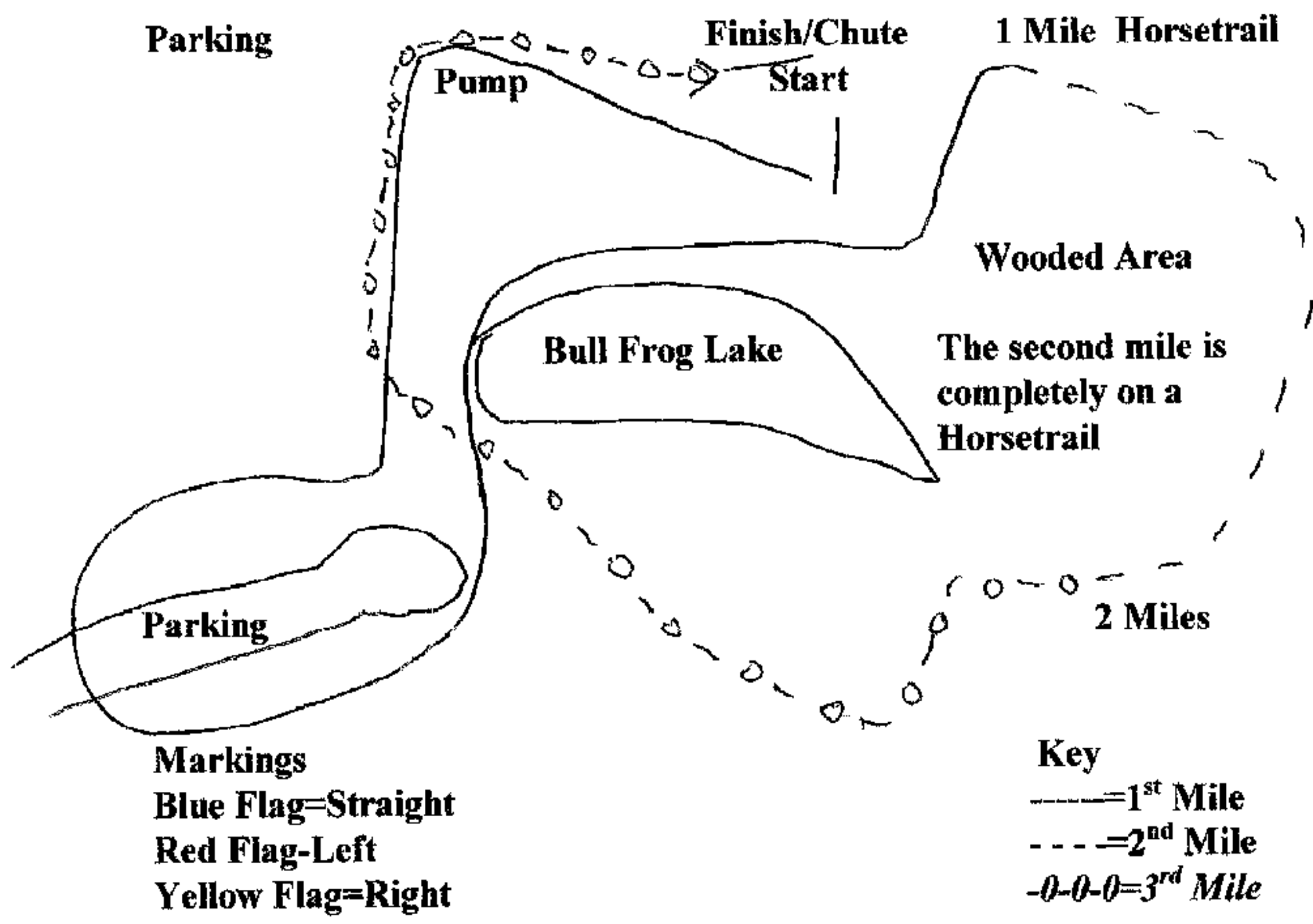


ARGO CROSS COUNTRY
GIRLS FROSH-SOPH/OPEN-2.62 MILES
BOYS FROSH-SOPH/OPEN-2.62 MILES

COURSE RECORDS

GIRLS 2.62 MILES-Jenni Goebel(Willowbrook)-1998-15:39

BOYS 2.62 MILES-Matt Withrow(Andrew)-2001-13:59

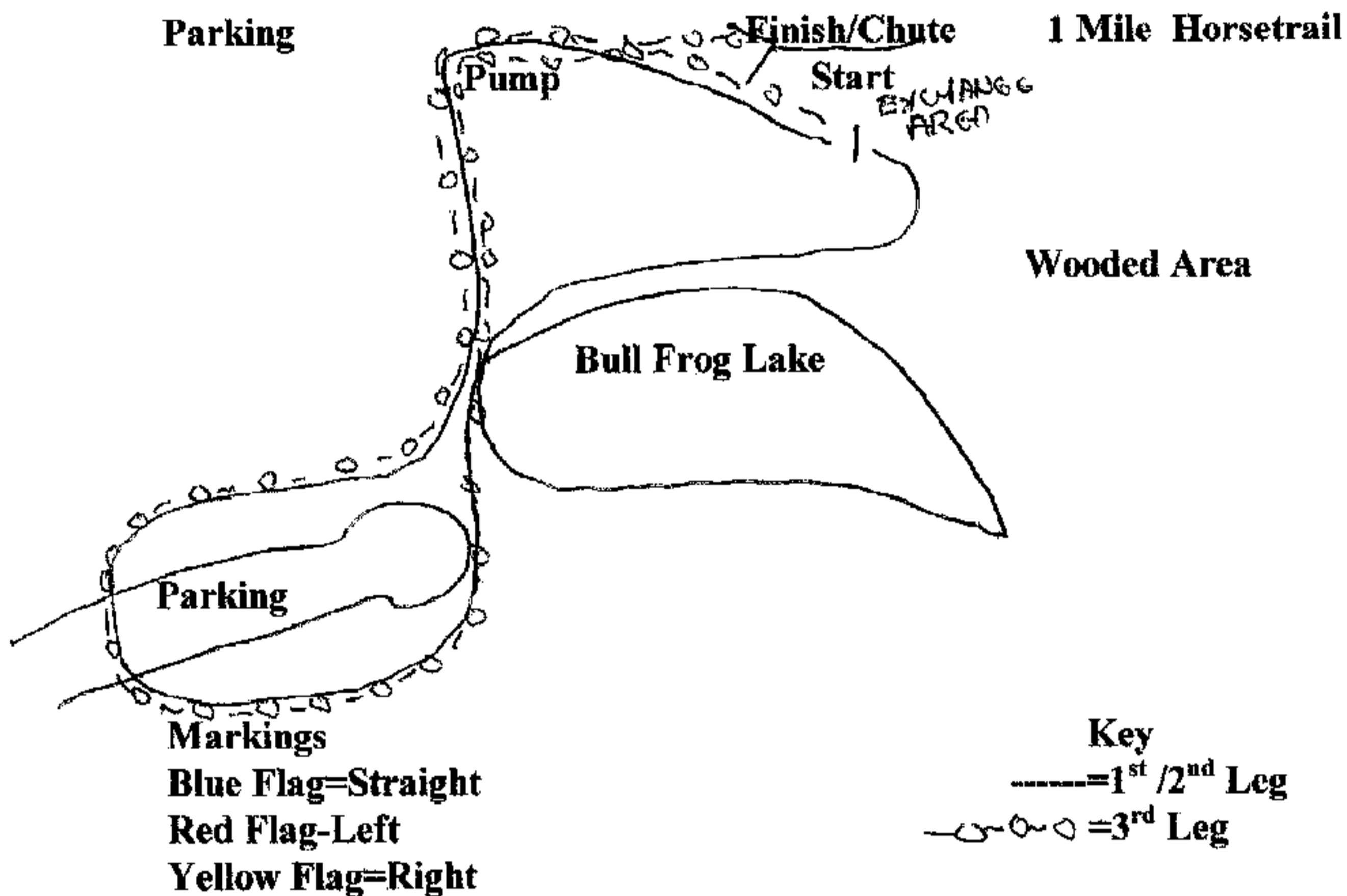


**ARGO CROSS COUNTRY
EKIDEN RELAY-3 X 1.0 MILES**

COURSE RECORDS

GIRLS 3.0 MILES-Lyons Township-18:45-1995

BOYS 3.0 MILES-Barrington-2001-15:47



**DIRECTIONS TO THE ARGO CROSS COUNTRY COURSE
AT
BULL FROG LAKE (PULASKI WOODS)**

Bull Frog Lake is located in Pulaski Woods in the Cook County Forest Preserve District-Palos Division. The course is located south of the intersection of 95th Street and Wolf Road and just south of Maple Lake. Because of the amount of participants, we ask that school vehicles and buses park in the Bull Frog Lake lot which is the first right turn directly after the intersection of Wolf Road and 95th Street. Spectators can park in other areas.

