



Entry Process:

Teams:

Although a manual team entry submission form is available, all teams are strongly encouraged to utilize the online entry process via www.kompusport.net. Prior to registering online, a coach or team designee shall contact Fred Kreppert at (630) 553-7245, to receive a login & password. This will permit a very efficient registration process that is easy to use. Teams must request a password prior to 12:00 noon CST on Monday, February 14. Teams will have until 9pm, Monday, February 14, to complete registration provided they do their entries online. **All manual entries must be received by, Monday, February 14**

Those submitting entries via Hy-Tek Team Manager may submit entries up to the online entry deadline. Entry submission will be done through an import routine on the website. Please refer to the website entry instructions to accomplish this. Do not send or email the Hy-tek file to us.

Immediately after registering online, teams must print a receipt from the website, which will produce a list of all athletes registered for the meet, and then mail the entries to the address below with full payment. **These entry confirmations must be received by youth executive office by Wednesday, February 16, no exceptions!**

Unattached:

Unattached athletes have the choice of either registering online via www.kompusport.net (preferred) or utilizing the individual entry form contained herein. Individual entries shall then be sent to the address listed below along with payment. All entries must be received, not postmarked, by 5:00pm on Tuesday, February 15, 2005. **Absolutely no individual entries will be accepted after February 15, 2004.**

Mail Entries & Entry Fees to:

Illinois Wesleyan University
Attn: Track & Field Office
302 E. Emerson St.
Bloomington, IL 61701

Mail overnight entries to:

302 E. Emerson St.
Bloomington, IL 61701

**All fees should be made payable to:
USATF-Illinois**

Check-In Requirements:

A packet will be provided for each team consisting of team roster and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the host hotel from 6:00-8:00pm on Saturday, February 19, 2005 and at the track facility beginning at 7:00am on meet day. Be sure to bring birth certificates and USATF cards with when you pick up packets.

Awards:

In individual events, awards will be presented for participants who finish 1st-6th place. Relay participants will be awarded for 1st-6th place finishes.

Officials:

Anyone desiring to officiate at this meet is encouraged to contact Win Eggers via email at wegg@enc.k12.il.us. Your assistance is greatly appreciated.

Facility:

The Shirk Athletic Complex is an awesome track facility. Illinois Wesleyan University served as the host of the 2000 NCAA Division III Indoor National Track & Field Championships at the venue and is set to host again in March 2005. The facility boasts an 8-lane straightaway as well as providing 6 lanes around the oval. Only ¼” or smaller pyramid spikes are allowed. Fully Automatic Timing will be done using Finishlynx Ethernet 2000 Cameras interfaced with Hy-Tek Meet Manager. No radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments:

A Full Service Concession Stand will be provided as well as a hospitality area for officials.

Equipment:

Starting blocks and batons will be provided. Throwers must use the implements provided by the meet.

Airline Travel:

Air travel directly to Bloomington is provided through American Airlines, Northwest Airlin, AirTran Airlines, and United Airlines.

Admission:

A charge of \$4.00 admission will be assessed for everyone not competing in the meet.

Host Hotel:

There are several good lodging facilities in the area. The Ramada Inn will serve as the host hotel for the meet. Team check-in will be available the night prior to the meet at the host hotel from 6-8:00pm.

Listed below is detailed information on the host hotel for this event. **Rooms must be confirmed by February 4, 2005, to guarantee rate..**

Hotel	Location	Phone	Amenities	Rate
Ramada Inn  A very good place to be.™	1219 Holiday Drive Bloomington, IL 61704	309-662-5311	Free Breakfast Indoor Pool Microwave Refrigerators Free High-Speed Internet Hot Tub/Sauna Fitness Center Lounge Airport Shuttle	\$59.00

Please be sure to indicate that you are participating in the USA Track & Field Midwest Zone Championship Meet when requesting rooms at these facilities.



Event Schedule

Running Events	Field Events
<p>8:00am</p> <p>55m Hurdles Trials (MG-MB-YG-YB)</p> <p>55m Dash Trials (All)</p> <p>1500m Run (All)</p> <p>55m Hurdles Finals (MG-MB-YG-YB)</p> <p>55m Dash Finals (All)</p> <p>400m Dash (All)</p> <p>1500m Racewalk (All)</p> <p>800m Run (All)</p> <p>200m Dash (All)</p> <p>3000m Run (MG-MB-YG-YB)</p> <p>4X200m Relay (All)</p> <p>4X400m Relay (All)</p>	<p>All Field Events will begin at 9:00am and will run concurrently</p> <p>Long Jump (BG-BB-MG-MB-YG-YB)</p> <p>Triple Jump (YG-YB)</p> <p>High Jump (MG-MB-YG-YB-BG-BB)</p> <p>Shot Put (BG-BB-MG-MB-YG-YB)</p> <p>Pole Vault (YG-YB)</p>

A detailed schedule will be printed after all entries have been submitted



View of the Indoor Track from
Second level of Shirk Center

**Driving Directions to
Illinois Wesleyan University
Shirk Athletic Center
302 E. Emerson St.
Bloomington, IL 61701**

From Chicago, IL

(Approximately 130 miles) Take I-55 South to Veterans Parkway South (Business 55 - exit #167). Proceed about 4 miles and turn right onto Route 9 (Pekin West exit). Travel about 2 miles to Park Street and turn right.

From Madison, WI

(Approximately 200 miles) Take I-39/90 South to Rockford, IL and continue on I-39 South. Turn on to Route 51 South (Business Exit #2) and turn left at the end of the ramp. Proceed about 6 miles to Emerson Street and turn left at the light. The Shirk Center is located 2 blocks down the street on the left-hand side.

From Indianapolis, IN

(Approximately 165 miles) Take I-74 West to Route 51 (North Business Exit #135). Travel about 2 miles to Veterans Parkway North (Business 55 Chicago) exit. Proceed about 3.5 miles, turn left onto Route 9 (Pekin West Exit). Travel about two miles to Park Street and turn right.

From Peoria, IL

(Approximately 40 miles) Take I-74 East to I-55 North (Chicago Exit #127). Follow to Route 51 South (Business Exit #165A). Proceed about 3 miles to Emerson Street and turn left at the light. The Shirk Center is located 2 blocks down the street on the left-hand side.

From St. Louis, MO

(Approximately 160 miles) Take I-55 North to Veterans Parkway North (Business 55 Exit #157B). Proceed about 6 miles and turn left onto Route 9 (Pekin West Exit). Travel about 2 miles to Park Street and turn right.

