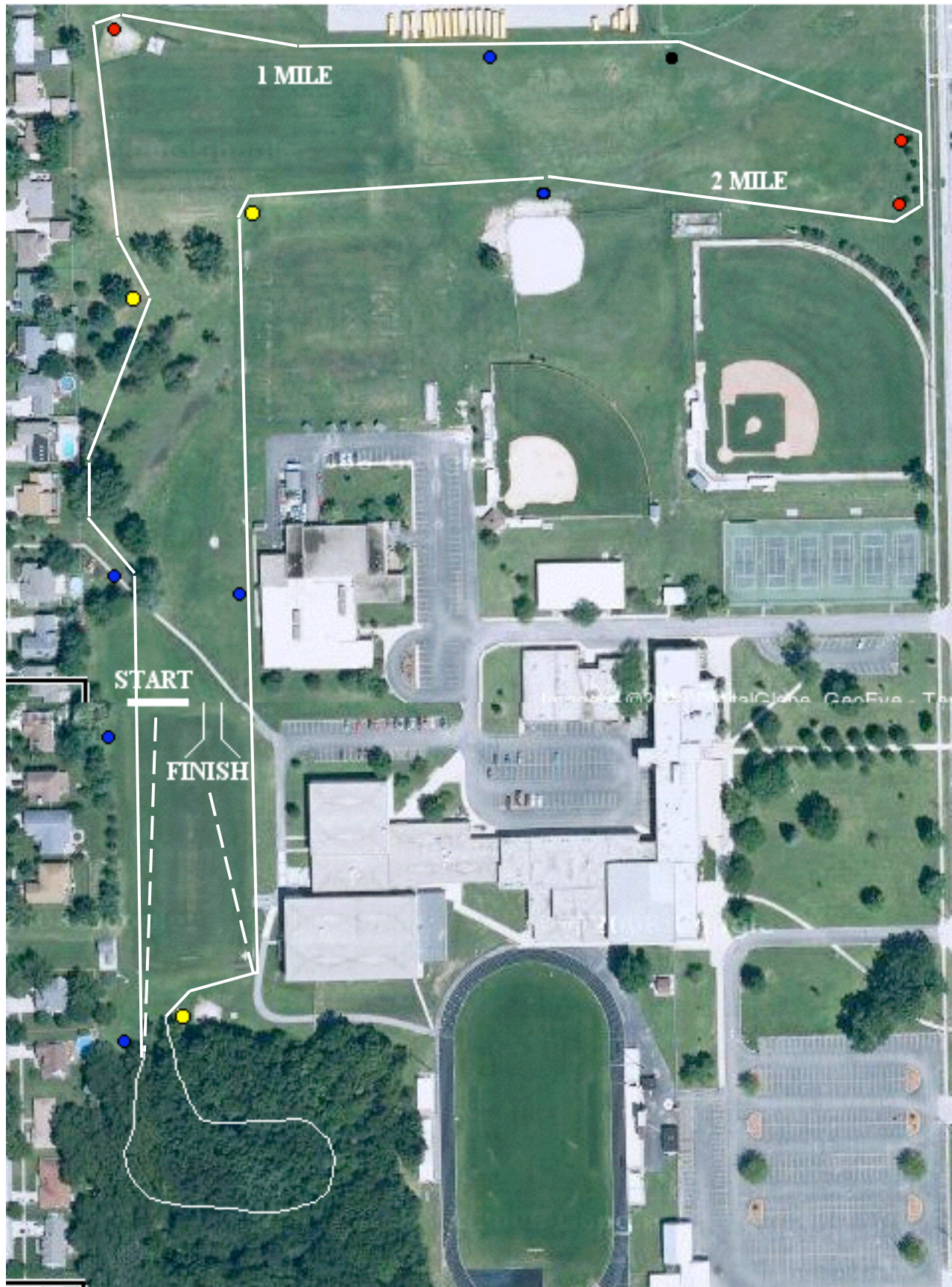


MCHS Cross Country Course



The course consists of two 1.25-mile loops. The last half-mile is from the start line, through the woods, to the finish line.